

UTAH OLYMPIC PARK

ADVENTURE ROPES COURSES

Adventure Ropes Courses + Drop Tower

The adventure ropes courses challenge participants with rope and balance features. Visitors can choose from three levels of courses. Based on one's sense of adventure, the adventure courses offer challenges for all abilities. Built during the summer of 2013, the adventure courses are a relatively new feature at the Park.

Discovery Adventure Course: This entry-level course is designed to challenge the Park's youngest adventurers. Adults are welcome up to the specified weight limits and should be prepared to duck around obstacles, crawl through tight spaces, and climb on elements sized for smaller individuals.

Location: Accessed at the Two Towers Entry located in the Nordic Plaza.
Ages: 5 and older. UOP STRONGLY RECOMMENDS adult participation with those ages 7 & younger.
Requirements: Adventurers must weigh a minimum of 35 lbs. and a maximum of 215 lbs. to participate. Adventurers must also be able to pull themselves back onto the element in case of a fall. No open-toe shoes or shoes without heel straps and no handheld objects allowed on course.

Canyon Adventure Course: This intermediate-level course is designed to test one's abilities with log traverses, swinging elements, and problem-solving features. Participants should be prepared to be at heights up to 25 feet in the air where their agility, balance, and coordination will be tested.

Location: After gearing up at the Adventure Center, the Canyon Course is accessed by taking the Oak Trail. Located in Trackside Plaza.
Ages: 7 & older. UOP STRONGLY RECOMMENDS adult participation with those ages 12 & younger. Youth under 7 years of age MUST complete the Discover Course and receive an Adventure Card from a course operator prior to attempting the Canyon Course.
Requirements: Participants must weigh a minimum of 45 lbs. and a maximum of 275 lbs. Participants must also be able to pull themselves back onto the element in case of a fall. UOP strongly recommends that participants begin with the Discovery Course prior to attempting the Canyon Course. No open-toe shoes or shoes without heel straps and no handheld objects allowed on course.

Summit Adventure Course: This advanced-level course is designed to test even the strongest athletes with wire traverses, swinging elements, and problem-solving features. Participants should be prepared to be at heights up to 55 feet in the air where their strength, agility, balance, and coordination will be tested.

Location: After gearing up at the Adventure Center, the Canyon Course is accessed by taking the Oak Trail. Located in Trackside Plaza.
Ages: 13 & older. Youth under 13 years of age MUST complete the Canyon Course and receive an Adventure Card from a course operator before progressing to the Summit Course.
Requirements: Participants must weigh a minimum of 45 lbs. and a maximum of 275 lbs. Participants must also be able to pull themselves back onto the element in case of a fall. UOP strongly recommends that ALL participants begin with the Canyon Course prior to attempting the Summit Course. No open-toe shoes or shoes without heel straps and no handheld objects allowed on course.

Drop Tower: This advanced-level adventure is designed to test even the greatest thrill-seekers with a 377-foot long zip line high above the treetops finishing at the 65-foot high Drop Tower. From the Drop Tower there is only one way down—simply stepping off the platform for an exhilarating 65-foot free-fall.

Location: After gearing up at the Adventure Center, the Canyon Course is accessed by taking the Oak Trail. Located in Trackside Plaza.
Ages: Adult participation recommended for youth ages 12 and under.
Requirements: Participants must weigh a minimum of 45 lbs. and a maximum of 260 lbs. Participants must be able to step off the 65-foot tower without assistance. No open-toe shoes or shoes without heel straps and no handheld objects allowed on course.