

JOB DESCRIPTION	JOB TITLE: Saturday YMCA Ski Coach	
	Job Location: Utah Olympic Park Reports to: UOP/YMCA Saturday Ski Coach Function Area: Small Hills	Position Code: 002 Pay Grade: 7 Type: Part-time

Job Title: Ski Coach

Position Overview: The Saturday YMCA Ski Coach position was created to implement a ski program that exposes youth from the YMCA ages 7 –17years old to multiple ski disciplines in a fun dynamic environment at the Utah Olympic Park. The goal of the program is to introduce and reinforce basic skiing skills in alpine skiing, Nordic ski jumping, mogul skiing, and free ride skiing that will lead to a higher level of overall skiing skill development, rather than one sport specific skills. The program is based on the Long Term Athlete Development (LTAD) philosophy of the Fundamental and Learning to train stages.

Major Tasks and Responsibilities


- Coach/instruct youth on Saturdays 9.30 – 12.00 p.m. & 1.00 – 2.30 pm. Starting Saturday January 14th and ending Saturday March 5th
- Attend bi weekly staff meetings
- Assist Head Coach with lesson plan design and implementation
 - Lesson plans may include but are not limited to teaching the basic mechanics of :
 - ✓ Alpine skiing – skiing gates
 - ✓ Nordic ski jumping – not required
 - ✓ Free ride skiing
 - ❖ Sport specific coaches will be available to provide initial coaching points
- Arrive at least :30 min prior to training session to set up lesson
- Leave no child unattended
- Be positive, encouraging and provide equal attention to each skier
- Meet with parents prior to and at the end of each day – which may require staying at least :30 minutes after training session is over
- Manage/communicate with parents as it pertains to their child and the child’s experience in the program
- Ensure campers are taking environmental factors into consideration during camp
 - Hydration
 - Sun Block
 - Nutrition

Required Knowledge and Essential Skills

- Understanding of Long Term Athlete Development philosophy
- Understanding of teaching progression as it relates to writing lesson plans and the introduction of skiing skills
- Must be Safe Sport Certified
- Ability to relate to children
- Strong skiing background and experience
- Highly motivated with leadership skills with the ability to work on own
- Experience working with children in a sport environment
- Understand the cognitive, social and physical make up of children 7- 11 years old helpful but not required
- Excellent organizational and communication skills
- Must pass background check

Minimum Qualifications

- Experience teaching skiing in one of the listed ski disciplines
- Experience writing lesson plans
- Experience working with children

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Job Title: Explorers Ski Coach

Environmental Job Requirements

- Ability to work outdoors in all temperature/weather extremes

Physical Requirements

- Ability to lift 50 pounds
- Ability to be outdoors for extended periods of time
- Ability to play games with children
- Specific vision abilities required by this job include close vision, depth perception and ability to adjust focus
- Hearing – to converse with others in a normal conversation
- Balancing, bending, climbing, kneeling, walking, pushing, reaching above shoulders, and sitting

Required In-House Training

- UAF Orientation
- Sexual Harassment
- Drug & Alcohol
- Hazardous Communications Program

This job description is not an employment agreement or contract. Management has the exclusive right to alter the scope of work within the framework of the job description at any time without prior notice.