



2017 Summer

Learn to Speed Skate

- Students will be instructed on “Fundamental Skills and Techniques” of Speed Skating
- At completion of class, coaching staff will evaluate student’s progress and recommend placement either in the next Learn to Speed Skate Program or the Club
- **Cost for the class \$55.00 (includes ice time, skates, helmets and coaching)**
- Suggested clothing: gloves, comfortable athletic long sleeve and pant length clothing
- Contact Guest Services for schedule and sign up forms

Option 1:

| Coaching | Student/Coach Ratio | On Ice Session | Ice Surface | Days |
|-------------------|---------------------|------------------------------|-------------|------------------------------------|
| Oval Club Coaches | 10:1 | 6 classes 45 minutes each | North Rink | Tuesday/Thursday (Except April) |

- April** 5, 12, 19, & 26 5:45-6:45pm (Wednesdays only for the month of April)
- May** 9, 11, 16, 18, 23, & 25 at 5:15-6pm
- June** 6, 8, 13, 15, 20, & 22 at 5:15-6pm
- July** 6, 11, 13, 18, 20, & 25 at 5:15-6pm
- August** 1, 3, 8, 10, 15, & 17 at 5:15-6pm

Option 2:

| Coaching | Student/Coach Ratio | On Ice Session | Ice Surface | Days |
|-------------------|---------------------|------------------------------|-------------|-----------|
| Oval Club Coaches | 10:1 | 4 classes 60 minutes each | South Rink | Saturdays |

- April Only Option 1**
- May** 6, 13, 20, & 27 at 12:45-1:45pm
- June** 3, 10, 17, & 24 at 12:45-1:45pm
- July** 1, 8, 15, & 22 at 12:45-1:45pm
- August** 5, 12, 19, & 26 at 12:45-1:45pm

**All times, sessions and classes are subject to change and or cancellation by the direction of the Utah Olympic Oval management. Please see specific program calendar for class sessions, dates and times.*

For any Speed Skating Program questions please contact: Mike Kooreman at MKooreman@UOLF.org