

JOB DESCRIPTION	JOB TITLE: F.A.S.T. Long Track Head Coach
 <p>UTAH OLYMPIC OVAL</p>	<p><b>Job Location:</b> Utah Olympic Oval      <b>Position Code:</b> 150  <b>Reports to:</b> Director of Sport      <b>Pay Grade:</b> 5  <b>Function Area:</b> UOO Speed Skating      <b>Type:</b> Full Time  <b>Exempt</b></p>

## Job Title: HP Speed Skating Coach

The primary responsibility of the FAST LT Head Coach is to develop the finest Long Track speed skating program in the U.S. This position is responsible for the development and oversight of all areas of the training and competition program for developing athletes.

### Major Tasks, Responsibilities and Accountability

- Develop and implement an effective training program for developing and high performance long track skaters
- Establish training groups
- Develop and foster a great performance atmosphere
- Foster and nurture a team atmosphere among the Oval Program athletes.
- Counsel individual athletes towards excellence
- Create and tailor training programs for each athlete individually
- Use video analysis to improve each athlete's skating technique
- Network with other coaches on how to improve athletes performance
- Work together with NGB Performance Enhancement Team for the purpose of shared knowledge, resources, speed skating program progress and continuity
- Oversee and observe all long track speed skating programs at the Utah Olympic Oval
- Actively participate in the Oval Speed Skating Club by attending meetings, offering ideas, etc...
- Enhance knowledge and coaching skill by reading current literature, research and attending and participating in classes, courses and seminars on coaching and speed skating
- Conduct at a minimum monthly meetings with each athlete to monitor progress
- Maintain a file on each athlete, the file should contain the athletes goals, copy of their program evaluation, copy of signed code of conduct, copy of all training protocols, weekly meeting minutes that should include athlete feedback, coaches observations, comments and suggestions.
- Provide guidance and assistance with maintaining and fitting of athletes equipment
- Attend competitions as necessary
- Act as a mentor to athletes in the program
- Monitor athlete program fees and enforce payment/facility policies and procedures
- Other job duties as assigned

### Required Knowledge and Essential Skills

- Excellent people skills
- Excellent communication skills
- Excellent leadership skills
- Great motivational skills
- Self-motivated and highly driven
- Ability and willingness to work with developing and high performance skaters
- Ability and willingness to accept assignments to speak and present to groups of athletes, coaches or other functions deemed helpful in promoting the Oval Program
- A current First Aid and CPR certificate or ability to obtain one within two months of hiring.

### Physical Requirements

- Specific vision abilities required by this job include close vision, depth perception and ability to adjust focus
- Hearing – to converse with others in a normal conversation
- Balancing, bending, climbing, kneeling, walking, pushing, reaching above shoulders, and sitting
- Must occasionally lift or move 20 pounds

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### ***Minimum Qualifications***

- Flexible work schedule

### ***Education / Experience***

- Bachelors in Physical Education or similar education preferred
- Successfully completed U.S. Speedskating Coaching courses (up to level 3) or equivalent preferred
- Coaching experience at National Team/International level
- Knowledge of physiology, bio-mechanics, psychology and group-dynamics
- USOC Safe Sport Certified

### ***Required In-House Training***

- UAF Orientation
- Sexual Harassment
- Drug & Alcohol
- Hazardous Communications Program

***This job description is not an employment agreement or contract. Management has the exclusive right to alter the scope of work within the framework of the job description at any time without prior notice.***