



# MARCH ATHLETE TRAINING SCHEDULE

## SLIDING TRACK

	Date	Start Time	End Time
G-FORCE		06:15 pm	08:15 pm
G-FORCE	Wednesday, March 07, 2018	01:00 pm	03:00 pm
USLA		03:00 pm	04:30 pm
G-FORCE		06:15 pm	08:15 pm
G-FORCE	Thursday, March 08, 2018	01:00 pm	03:00 pm
USLA		03:00 pm	04:30 pm
USLA		08:15 pm	09:30 pm
G-FORCE	Friday, March 09, 2018	01:00 pm	03:30 pm
USLA	Saturday, March 10, 2018	08:30 am	10:30 am
G-FORCE		11:00 am	12:00 pm
G-FORCE		12:30 pm	03:30 pm

## SMALL HILLS

	Date	Start Time	End Time
ALPINE LANE	Monday, March 05, 2018	05:00 pm	07:00 pm
SMALL NORDIC LANE		05:00 pm	07:00 pm
FREERIDE LANE		06:00 pm	08:00 pm
FREERIDE LANE	Tuesday, March 06, 2018	01:00 pm	03:00 pm
FREERIDE LANE		04:00 pm	07:00 pm
SMALL NORDIC LANE		05:00 pm	07:00 pm
ALPINE LANE		07:00 pm	08:30 pm
ALPINE LANE	Wednesday, March 07, 2018	10:00 am	12:00 pm
FREERIDE LANE		01:00 pm	03:00 pm
ALPINE LANE		04:00 pm	08:00 pm
FREERIDE LANE		04:30 pm	07:30 pm
FREERIDE LANE		05:00 pm	07:00 pm
FREERIDE LANE		05:00 pm	07:00 pm
SMALL NORDIC LANE		05:00 pm	07:00 pm
MOGULS LANE		06:00 pm	08:00 pm
SMALL NORDIC LANE		07:15 pm	08:00 pm
FREERIDE LANE	Thursday, March 08, 2018	01:00 pm	03:00 pm
ALPINE LANE		04:00 pm	06:00 pm
FREERIDE LANE		04:00 pm	07:00 pm
FREERIDE LANE		04:30 pm	07:30 pm
ALPINE LANE		05:00 pm	07:00 pm
ALPINE LANE		06:30 pm	08:30 pm
FREERIDE LANE	Friday, March 09, 2018	01:00 pm	03:00 pm

<b>SMALL NORDIC LANE</b>		05:00 pm	07:00 pm
<b>ALPINE LANE</b>		06:00 pm	07:00 pm
<b>FREERIDE LANE</b>	<b>Saturday, March 10, 2018</b>	09:00 am	03:45 pm
<b>ALPINE LANE</b>		10:00 am	01:00 pm
<b>SMALL NORDIC LANE</b>		10:00 am	12:00 pm
<b>ALPINE LANE</b>		01:00 pm	03:00 pm
<b>ALPINE LANE</b>	<b>Monday, March 12, 2018</b>	05:00 pm	07:00 pm
<b>ALPINE LANE</b>		05:30 pm	07:30 pm
<b>FREERIDE LANE</b>		06:00 pm	08:00 pm
<b>ALPINE LANE</b>	<b>Tuesday, March 13, 2018</b>	04:00 pm	07:00 pm
<b>FREERIDE LANE</b>		04:00 pm	07:00 pm
<b>SMALL NORDIC LANE</b>		05:00 pm	07:00 pm
<b>ALPINE LANE</b>	<b>Wednesday, March 14, 2018</b>	10:00 am	12:00 pm
<b>ALPINE LANE</b>		04:00 pm	08:00 pm
<b>FREERIDE LANE</b>		04:00 pm	07:00 pm
<b>FREERIDE LANE</b>		04:30 pm	07:30 pm
<b>FREERIDE LANE</b>		05:00 pm	07:00 pm
<b>SMALL NORDIC LANE</b>		05:00 pm	07:00 pm
<b>MOGULS LANE</b>		06:00 pm	08:00 pm
<b>SMALL NORDIC LANE</b>		07:15 pm	08:00 pm
<b>ALPINE LANE</b>	<b>Thursday, March 15, 2018</b>	04:00 pm	06:00 pm
<b>FREERIDE LANE</b>		04:00 pm	07:00 pm
<b>FREERIDE LANE</b>		04:30 pm	07:30 pm
<b>ALPINE LANE</b>		05:00 pm	07:00 pm
<b>ALPINE LANE</b>		06:30 pm	08:30 pm
<b>ALPINE LANE</b>	<b>Friday, March 16, 2018</b>	02:00 pm	06:00 pm
<b>SMALL NORDIC LANE</b>		05:00 pm	07:00 pm

## NORDIC BIG HILLS

	Date	Start Time
<b>K90</b>	<b>Tuesday, March 06, 2018</b>	10:00 am
<b>K64</b>		05:00 pm
<b>K90</b>		05:00 pm
<b>K90</b>	<b>Thursday, March 08, 2018</b>	10:00 am
<b>K64</b>		05:00 pm
<b>K90</b>		05:00 pm
<b>K90</b>	<b>Saturday, March 10, 2018</b>	10:00 am