



PRIVATE “Boost” LESSONS

Valid July 6-August 31, 2020

Boost lessons are mini private lessons designed to give a “boost” to group lessons with one-on-one instruction.

These lessons are 15 minutes long and are scheduled with your choice of coach listed below.

These lessons can be used to learn how to skate, improve basic skills, prepare for evaluations or to work on a maneuver that skaters may be struggling with. The lessons can also be used to learn new maneuvers or to get an idea of what private lessons are all about.



“Boost” lessons must be signed up for directly with the skating Instructor. Afternoon and evening times available. Available days/times depend on the coaches availability. All participating instructors are listed below.

The fee per package is \$30 for two separate 15 minute private lessons.

“Booster” lesson includes: 15 minute one-on-one private instructional lesson, skate rental and 15 minutes of additional practice ice time per day!

Try a “Boost” today!

Cost is \$30

for two 15 minute sessions

Other package options available include 4 “Booster” lessons for \$55.00 or 6 “Booster” lessons for \$80.00

How to Find the Right Coach

There are many factors involved in selecting a coach. Things to consider are personality, learning and teaching styles, experience, and technical know how. You know your child and have the best idea of who might make a good fit. Keep your child’s personality and needs in mind when selecting a coach.

Here are some helpful questions to consider:

- Will the coach be a good role model and instill healthy character traits?
- Will the coach treat my child politely and with enthusiasm?
- Does the coach possess and demonstrate a good standard of ethics?
- Does the coach understand and adhere to safety considerations at all times?
- Is the coach a member of U.S. Figure Skating and Professional Skaters Association (PSA)?
- Does the coach have a specific plan to teach the appropriate technical skills?

Boost lessons are only available for the Learn to Skate program participants. “Boost” lesson packages include:

15 minute one-on-one private instructional lessons, skate rental and 15 minutes of practice ice time per day!



For questions please contact Kelly Cassity figure skating director @ kcassity@uolf.org

Olympic Oval Figure Skating Staff Pros

Please note that not all pros are available for “Boost” Lessons, for a more detailed list of qualifications email Kelly at kcassity@uolf.org:

Cassie Furgason

- LTS Assistant administrator
- Figure Skating since 2003
- Coaching since March 2010
- Pacific Coast Synchronized Skating champion
- Coaches Figure skating, hockey, and synchro
- Enjoys working with all ages
- Member of PSA and USFSA
- Contact Information: cassaroo@gmail.com

Liesl Baldwin

- Coach of Star Lit Blades synchronized skating team
- Pacific Coast Synchronized Skating champion
- Skated with Ice Theatre of Utah and Crimson Ice
- Competitive skater for over 10 years
- National Showcase competitor
- Works with all ages/Specializes in spins and artistry
- CONTACT: liesl.2000@gmail.com

Kaylin Chaffee

- PSA Registered coach
- USFSA Silver Medalist in Moves in the Field & USFSA Bronze Medalist in Freestyle
- Skated as regional/national competitor for over 5 years
- Skated with Ice Theatre of Utah and Crimson Ice for 2 years
- Continuing education by attending clinics hosted by elite coaches such as Kori Ade, Audrey Weisiger, Ben Agosto, and Oleg Makarov.
- CONTACT: kaylinchaffee@gmail.com

Grace Lee

- Competitively skating since 2002 and coaching since 2015
- 2x International Gold Medalist, 10x Regional Medalist and Sectional competitor.
- 2x US Figure Skating Gold Medalist.
- Trained under Olympic level coaches.
- Specializes in jumps, spins, choreography and hockey training.
- Accepting students of all ages and levels.
- CONTACT: gracemawrtina@gmail.com

Kaydee Rowland

- Skating for over 15 years; over 5 years' experience in synchronized competitive skating
- 2x Pacific Coast Synchronized Sectional champion
- Coaching since 2017, Assistant Synchronized skating coach for over 2 years
- Coaches moves in the field, jumps, spins, basic skills, show choreography, power skating, and off-ice training for all ages and skill levels
- CONTACT: kaydee.rowland1203@gmail.com

Jennifer Margetts

- Skating since 2002 & coaching since 2012
- Experienced in Moves in the Field and Freestyle
- 2x Pacific Coast Synchronized Skating Champion
- CER B certified
- CONTACT: jensk8gal@gmail.com