

Utah Olympic Legacy Foundation COVID-19 Prevention Guidelines

RACE ORGANIZER

Name: Utah Olympic Legacy Foundation

Venue Name: Utah Olympic Park

Event Period: IBSF Bobsled & Skeleton North America's Cup January 12th – 28th, 2021

Responsible Head of the Organization: RJ Shannon

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PLANNED EVENT TESTING & DAILY HEALTH SCREENING CHECK

Please reference appendix 1 for specific event testing details.

Please reference appendix 2 and appendix 3 for specific event schedules.

Pre- Event Testing

Before entering the event-series for the first time respectively if a participant had taken a break which is longer than four days and re-enters the event-series they must present a negative PCR test result which is no older than 72 hrs. Those persons who have been tested positive and have been in quarantine for at least 10 days do not require another PCR test within six weeks (=42 days) after the positive PCR test was conducted. In order to comply with this regulation, the person must present a document by the local health authority that he was required to be in quarantine and the test result by the laboratory. This pre-event testing includes all athletes, teams, coaches, team support staff, IBSF officials, volunteers and race directors.

In the circumstance of a positive pre-event test result the participant must be isolated and follow local health authority, IBSF and race organizer guidelines.

Event Testing

Before the first day of the competition week, Tuesday January 12th for the bobsled event and Saturday January 23rd for the Skeleton event, the race organizer will administer a PCR test with the results being known no less than 9:00 the next morning. Additionally, there will be a second PCR test during the bobsled event on Monday January 18th, with the results being known no less than 9:00 the next

morning. This event testing includes all athletes, teams, coaches, team support staff, IBSF officials, volunteers, race directors and race organizer committee staff. With the test showing negative result, the respective person will be able to take part in the competition and/or have access to the venue.

In the circumstance of a positive event test result the participant must be isolated and follow local health authority, IBSF and race organizer guidelines.

Daily Health Screening Check

The race organizer will provide access to an electronic document requesting the participants name, phone number, email address, nation, discipline/function, if the participant recorded a temperature in excess of 37.5 within the last 24 hours, current symptoms, whether or not the participant experienced any symptoms within the last 24 hours or came into contact with anyone known to have COVID-19 recently. This daily electronic health screen log will be required before any participant accesses the venue, and the race office will track compliance prior to said participants arrival. This daily health screening log requirement includes all athletes, teams, coaches, team support staff, IBSF officials, volunteers, race directors, race organizer committee staff and any other persons accessing the venue. The only exception will be guests who conduct an outside walking tour with access being limited to the lower loop of the track.

In the circumstance any person shows a temperature higher than 37.5, or if they experience multiple symptoms or have come into contact with anyone known to have COVID-19, they will be declined access to the venue and advised to get a medical check and isolate immediately from the rest of their group. The Local Hygiene Officer will inform the IBSF to decide if any precautionary measures need to be taken.

Non-Compliance of IBSF and Race Organizer COVID-19 Prevention Guidelines

The Race Organizer reserves the right to refuse venue access to any individual not following the established local health authority, IBSF and race organizer COVID-19 prevention guidelines.

ORGANIZATION OF THE TEAM MEETINGS, RACE OFFICE AND INDOOR SPACES

Team Captains Meetings & Race Draws: Conducted online via ZOOM.

Race Office Located at Women's/Doubles Start: Room Size/Capacity/Access:

One Room / 76 Square Meters / Eight People / Two Access Points

Start House: Room Size/Capacity/Access:

Main Room: 115 Square Meters / Twelve People / Three Access Points

Upstairs Room: 28 Square Meters / Three People / Three Access Points

Back Room: 45 Square Meters / Five People / Three Access Points

Gym: 90 Square Meters / Six People / Three Access Points

Finish House: Room Size/Capacity/Access:

Main Room: 35 Square Meters / Four People / One Access Point

Back Room: 20 Square Meters / Two People / One Access Point

Sled Truck: Size/Capacity: 95 Square Meters / Four People

GENERAL OPERATIONAL MEASURES

Sled Truck Transportation

The number of participants allowed to ride in the sled transportation trucks will be limited to individuals on the same team and no more than four team members at a time. All participants are required to wear a face mask which must be included in your down bag or carried with participants while sliding.

Start House / Finish House

The start house will be arranged to promote social distancing with at least 6 feet between participants. There will be designated areas for each athlete to sit. Rooms will be allocated to specific teams based on room and team size. Face masks must be worn at all times inside the start house and finish house. Athletes are not allowed to warm up in the start house if it causes heavy breathing.

Forerunners

Forerunners will be kept separately from athletes participating in competitions. Forerunners will be required to take the pre-event test, event test and fill out the daily health check.

Moving Sleds/Equipment

Athletes will be responsible for their own equipment and only other team members can assist, unless medically necessary. Athletes should not share helmets, equipment, or clothing.

Warmups and Cool Downs

Social distancing should be maintained when possible. Face masks must be worn at all times. Athletes should not warm up or cool down indoors.

Training

Training times and slots will be created based on need and participation numbers. Teams will be scheduled together. All rooms and equipment will be cleaned between users and between training groups. If possible, each person should use their own equipment. Face masks are always required, with the only exception being when an athlete is in the act of sliding. Participants should limit their time on venue to the extent that reasonable.

Video and Coaching at the Track

All coaching should be kept brief. Video review should be conducted off site. Coaching sessions should follow social distancing guidelines and utilize face masks.

Sports Medicine and Treatments

Sports medicine treatment should be conducted off site unless medically necessary while at the track. Medical necessary interactions should follow social distancing guidelines and utilize face masks.

Track Crew

Track Crew is required to socially distance at all times, wear a face mask at all times, and take the event tests and fill out the daily health log. Track Crew will make every effort to minimize contact with athletes, teams, officials and volunteers.

General Spectators, Friends and Family

General spectators, friends and family are not allowed gate code access. General spectators, friends and family should park in the main parking lot and walk to the track. Access will be blocked off in the lower loop. Facilities will only be available in the Museum. All guests at the Utah Olympic Park are required to wear a mask and socially distance at all times. UOP will attempt to live stream training and races on YouTube.

Volunteers

Volunteer numbers will be kept to a minimum and based on necessity for training and race days. Volunteers will be required to socially distance and wear a mask at all times. Volunteers will be required to take the event tests and fill out the daily health check.

Catering

Volunteer and staff catering will be prepackaged.

Media

Media working space will be allocated at the Women's / Doubles Start House and based on request. Media personnel will be required to socially distance and wear a mask at all times. Media will be required to take the pre-event test, event test, and fill out the daily health check.

The Utah Olympic Legacy Foundation Organizing Committee will follow all national, regional and IBSF stipulated health guidelines at all times.

National Centers for Disease Control and Prevention: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Utah State Health Department Coronavirus: <https://health.utah.gov/>

Summit County Health Department Coronavirus: <https://summitcountyhealth.org/coronavirus/>

Appendix 1

Event COVID-19 Testing Information

The Utah Olympic Legacy Foundation is committed to the health and safety of the IBSF athletes, coaches, support staff and the local community. This proposal will outline the test kit, analyzation/laboratory, test result reporting, and scheduling for the IBSF Bobsled and Skeleton events to be held January 12th – 28th, 2021.

Test Kit

The test kit to be utilized is the Spectrum Health SDNA-1000 Saliva Collection System (<https://spectrumsolution.com/spectrum-dna/>). This is a Reverse Transcription Polymerase Chain Reaction (RT-PCR) test that analyzes a subject's saliva for detection of SARS-CoV-2(COVID-19). This test kit is a self-contained saliva collection kit that provides critical sample consistency while suspending and neutralizing viral RNA transcripts completely inactivating the live virus. It's first EUA authorization from the FDA came in March of 2020 and secured FDA Emergency Use Authorization occurred on October 8, 2020. This kit has been used extensively in the United States by several professional sports organizations including Major League Baseball and Professional Golf Association.

Laboratory and Analyzation

The Sports Medicine Research and Testing Laboratory (SMRTL) - <https://www.smrtl.org/> will be utilized for analyzation and reporting of sample results. This laboratory is also accredited by the World Anti-Doping Agency (WADA) to test for the presence of performance enhancing substances in athletes and works with organizations overseeing anti-doping and medical testing programs.

The laboratory has the capability to analyze thousands of SDNA-1000 kits per day and has a turnaround time for results generally less than 15 hrs. They utilize an online reporting system that displays results as soon as they are authorized by the laboratory.

Sample Collection

Sample collection will occur at a pre-determined location with dates according to the IBSF NAC schedule. Times for collection slots will be determined once final numbers and travel itineraries are confirmed.

Each individual subject to testing will be sent a link to an electronic requisition form that will requires completion before a test sample can be collected from them.

Once samples have been collected, they will be transported by courier to SMRTL with an arrival no later than 10:00 am to ensure same day result turnaround.

Test Reporting

Test results will be released to individual team leaders via electronic means for communication to their athletes and staff except in the case of a positive test result. In case of a positive result, the individual will be contacted directly by the Local Hygiene Officer. Once that communication has taken place then team officials and organizing committee officials will be notified and emergency action protocols will be executed. In accordance with Utah state law, Summit County Health Department will be notified of the positive test result by the Local Hygiene Officer. Contact information of the person under investigation (PUI) will be given to the authorities so that they may make contact to perform an investigation and contact tracing.

Cost

The Spectrum Health SDNA-1000 Saliva Collection Test Kit System costs \$10 per kit and the same day analysis costs \$90 per test analysis.

Appendix 2

IBSF Bobsled NAC Schedule

Tuesday, January 12th:

7:00 PCR COVID Testing (Estimated 60 Athletes/Coaches, 16 Officials/Volunteers & 40 ROC/Staff)

Wednesday, January 13th:

08:00 Men's & Women's Bobsled Team Captains Meeting Facilitated via Zoom

12:30 Bobsled Official Training – Group 1 – Three Training Runs

16:00 Bobsled Official Training - Group 2 – Three Training Runs

Thursday, January 14th:

12:30 2Man Bobsled Official Training – Three Training Runs

16:00 Women's Monobob Bobsled Official Training – Three Training Runs

Bobsled Race Draw Facilitated via Zoom One Hour after the Completion of Training

Friday, January 15th:

10:00 2Man Bobsled Race 1

13:30 Women's Monobob Race 1

Saturday, January 16th:

10:00 2Man Bobsled Race 2

13:30 Women's Monobob Race 2

Sunday, January 17th:

12:30 2Man Bobsled Race 3

Awards Ceremonies located on the Finish Dock Directly after the Completion of the 2Man Bobsled Race 3

16:00 Women's Monobob Race 3

Awards Ceremonies located on the Finish Dock Directly after the Completion of the Women's Monobob Race 3

Monday, January 18th: Day Off

7:00 PCR COVID Testing (Estimated 60 Athletes/Coaches, 16 Officials/Volunteers & 40 ROC/Staff)

Tuesday, January 19th:

08:00 Men's & Women's Bobsled Team Captains Meeting Facilitated via Zoom

12:30 Bobsled Official Training – Group 1 – Three Training Runs

16:00 Bobsled Official Training - Group 2 – Three Training Runs

Wednesday, January 20th:

12:30 4Man Bobsled Official Training – Three Training Runs

16:00 2Woman Bobsled Official Training – Three Training Runs

Bobsled Race Draw Facilitated via Zoom One Hour after the Completion of Training

Thursday, January 21st:

12:30 4Man Bobsled Race 1

16:00 2Woman Bobsled Race 1

Friday, January 22nd:

12:30 4Man Bobsled Race 2

16:00 2Woman Bobsled Race 2

Saturday, January 23rd:

12:30 4Man Bobsled Race 3

Awards Ceremonies located on the Finish Dock Directly after the Completion of the 4Man Bobsled Race 3

16:00 2Woman Bobsled Race 3

Awards Ceremonies located on the Finish Dock Directly after the Completion of the 2Woman Bobsled Race 3

*** Schedule Subject to Change**

Appendix 3

IBSF Skeleton NAC Schedule

Saturday, January 23rd: PCR COVID Testing (Estimated 40 Athletes/Coaches, 16 Officials/Volunteers & 40 ROC/Staff)

Sunday, January 24th:

08:00 Men's & Women's Skeleton Team Captains Meeting Facilitated via Zoom

13:30 Men's & Women's Skeleton Official Training – Group 1 – Three Training Runs

16:30 Men's & Women's Skeleton Official Training – Group 2 – Three Training Runs

Monday, January 25th:

13:30 Men's Skeleton Official Training – Three Training Runs

16:30 Women's Skeleton Official Training – Three Training Runs

Skeleton Race Draw Facilitated via Zoom One Hour after the Completion of Training

Tuesday, January 26th:

11:30 Men's Skeleton Race 1

14:30 Women's Skeleton Race 1

Wednesday, January 27th:

11:30 Men's Skeleton Race 2

14:30 Women's Skeleton Race 2

Thursday, January 28th:

10:00 Men's & Women's Skeleton Race 3

Awards Ceremonies Located on the Finish Dock Directly after the Completion of the Men's & Women's Skeleton Race 3

*** Schedule Subject to Change**