

2022 L.L. Bean U.S. Cross Country Ski Championships and SuperTour

Soldier Hollow Nordic Center - Midway, Utah

January 2-7, 2021

GENERAL INFORMATION

Accommodation

Heber Valley is home to a variety of lodging and dining options for teams, athletes, families and friends, among them are Homestead and Zermatt Utah in Midway, Utah. Contact information can be found for all options on the local chamber website at www.gohebervalley.com.

The Homestead Resort – 700 North Homestead Drive, Box 99, Midway, UT 84049

The following rates will be offered, based on current availability, for those that call in using the code 'Soldier Hollow Ski Races 2022.

EMAILED JAMIE TO CONFIRM NUMBER TO CALL FOR THIS!! 91421

- \$169 Standard QQ/King
- \$209 for the Cottage QQ/King
- \$229 for Cottage King and Luxury King Suites

Newly Remodeled rooms:

- \$199 for the Balcony QQ/King
- \$209 Bunk House (sleeps 6)

Individual and Group Reservations (10 or more room nights total)

Contact: Jamie Leatham, Sales Manager

jamie.leatham@homesteadresort.com, Direct: (435) 657-3856

Zermatt Utah – 784 West Resort Drive, Midway, UT 84049

EMAILED STACY TO CONFIRM 2021 20% discount still in effect.

For individuals, families or teams under 10 athletes, please call Zermatt reservations 435.709.9527 and ask for the 'Soldier Hollow' rate (based on availability). The rate offered for all room types will be 20% off of the best price on Zermatt's website.

- Individual and Group Reservations (10 or more rooms per night)
- Contact: Zermatt Sales
- rfp@zermattresorts.com

Midway Vacation Properties (home, condo, townhome rentals)

Website: staymvp.com

Midway Vacation Properties

840 W Bigler Lane

Midway, UT 84049

(888) 435 4204

info@midwayvp.com



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Transportation

All Resort Express, 1-800-457-9457, allresort.com

Snow Country Limousine - Email: info@snowcountrylimo.com, Telephone: (435) 714-0159

Wax Cabins

Wax Cabin Reservation Deadline:

17:00 MST, Wednesday, December 28, 2021. Reservations and Payment via the link on the Wax Cabin Rental page.

Cost for Wax Cabins:

\$1,400 per cabin + \$500 refundable security deposit. All cabins the same size, 10' x 25'. One responsible party, one payment only please.

Open Wax Cabins:

Four (4) Wax Cabins will be designated as 'open waxing', reservations will not be taken. Use of these cabins are first come first served, and all equipment must be brought in, used, and removed per use. Equipment may not remain in these cabins longer than it takes to wax. No exceptions please, in order to be fair to all.

Wax Cabin Village Information (updated 12/20/21):

- Wax Cabin check-in and information will be located in the 'Office' cabin in the vicinity of the wax cabins (asphalt due west of the Olympic Plaza/Snowflake).
- Check-in will be staffed on December 31, 2021 and January 1, 2022, from 09:00 – 16:00. No exceptions please. If no one is in the 'Office' when you are checking in, please call me, Josh Korn, at **801-624-0809**
- The cabins will be equipped with electricity, heat, trash can, trash bags, broom and dustpan
- All trash removal is the responsibility of the individuals using or renting the cabin, to the on-site dumpster
- All cleaning is the responsibility of the individuals using or renting the cabin

Planning on bringing your own Wax Trailer.

- There will be **LIMITED** space for team wax trailer parking in the Wax Cabin Village area located to the East of the Competition building. If you are planning on bringing your own trailer, please contact me, Josh Korn, 801-624-0809 in advance of arriving.
- There will be **NO** power available in this lot
- Once your trailer is in the lot (prior to the Championships), you won't be allowed to move it until the Championships are completed on January 7th.



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Registration Information

Race Registration Deadline:

17:00 MST, Tuesday, December 28, 2021

Cost for races (updated 12/20/21):

- US Cross Country Championships - \$175.00 for 3 races, \$120.00 for 2 races, \$60.00 for 1 race
- SuperTour - \$45.00

Registration for Coaches, Suppliers and Media (updated 12/20/21):

- USSS Coaches: \$35.00 for member coaches, registration is required.
** USSS assigned bib required to be worn by all USSS coaches.
- USSS Suppliers: Complimentary, registration is required.
** Additional \$35.00 if bib is not returned.
- Non USST Suppliers: \$35.00, registration is required.
** Additional \$35.00 if bib is not returned.



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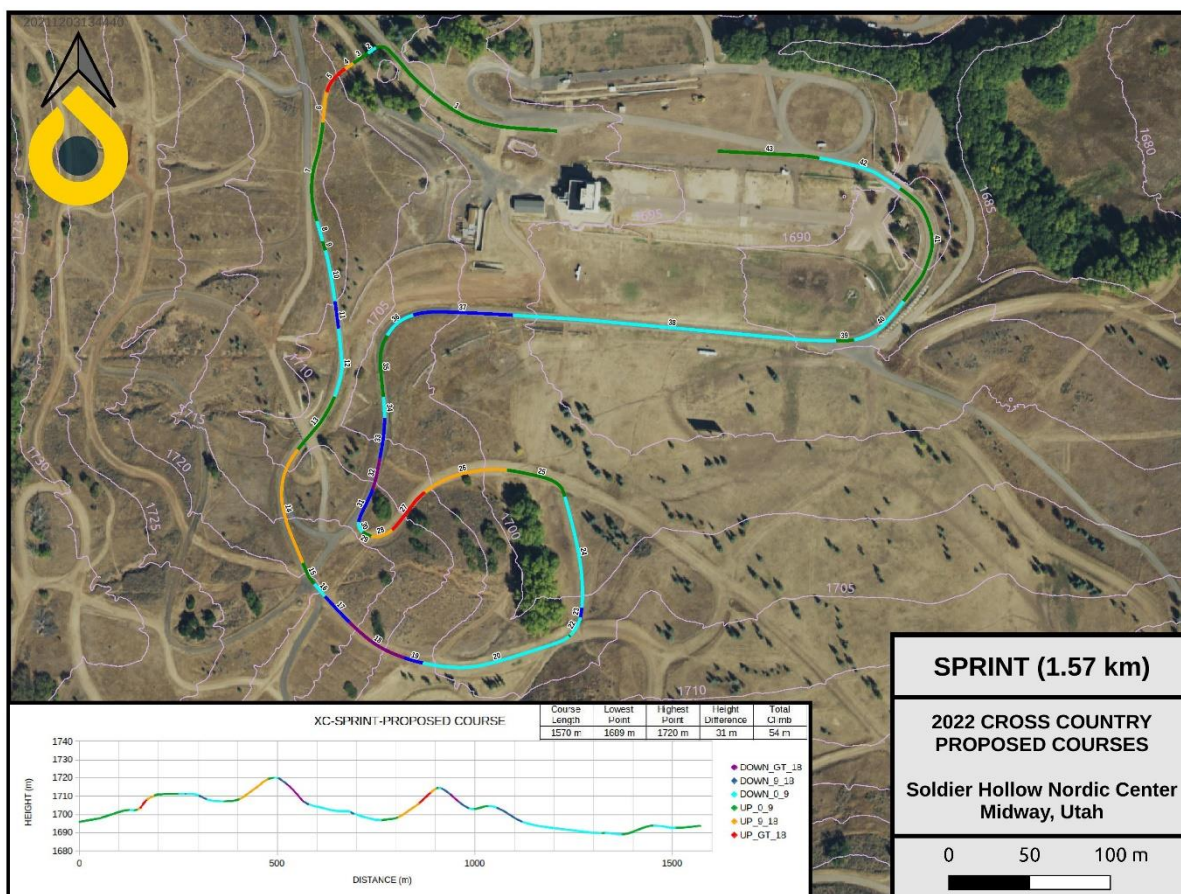
Soldier Hollow Nordic Center - Midway, Utah

January 2-7, 2021

Course Maps (subject to change):

January 2nd – Skate Sprint Course (see below)

January 7th – Classic Sprint Course (see below)



2022 L.L. Bean U.S. Cross Country Ski Championships and SuperTour

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January 2-7, 2021

January 4th – Mass Start Skate Course

Junior Women 7.5K – 2 x 3.75K Course (see below)

Junior Men 10k – 3 x 3.33k Course (see below)

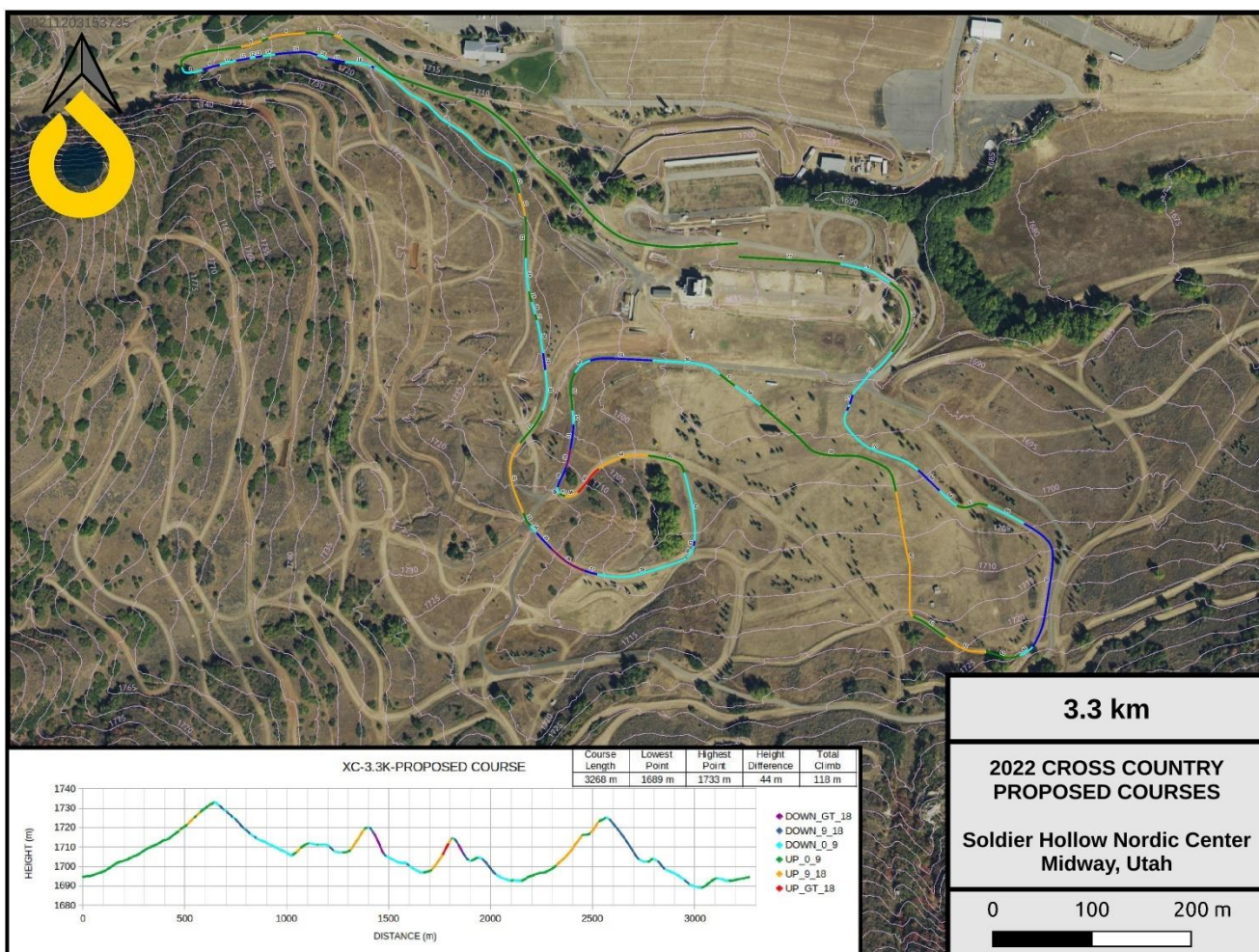
Senior Women 20k – 6 x 3.33k Course (see below)

Senior Men 30k – 8 x 3.75k Course (see below)

January 6th – Classic Interval Start Course

Junior/Senior Women 10k – 3 x 3.33k Course (see below)

Junior/Senior Men 15k – 4 x 3.75k Course (see below)

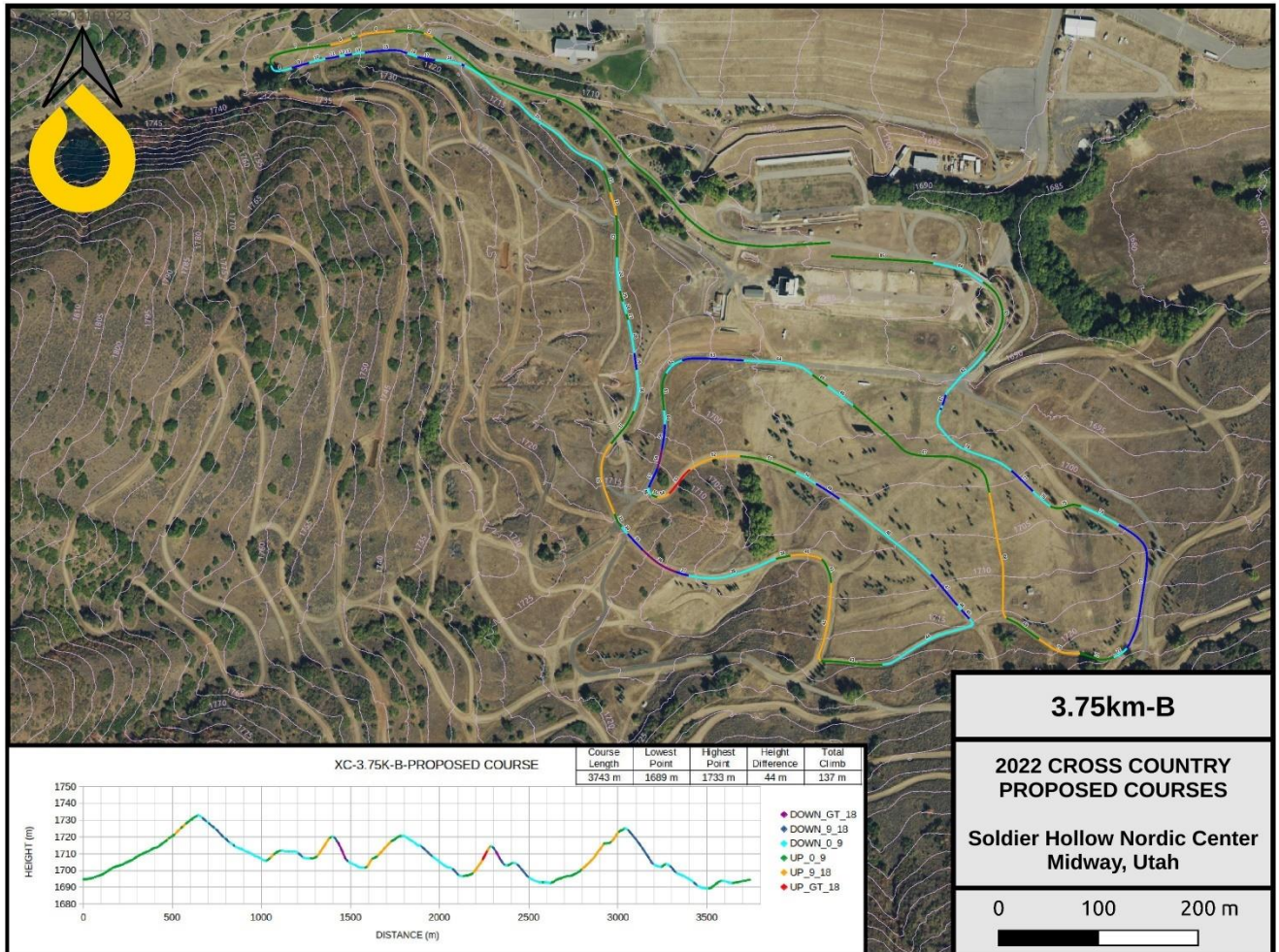


L.L.Bean

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Athlete Changing Area

Two (2) wax cabins for ladies and two (2) wax cabins for men will be designated for athlete changing/warming.

Trash

A dumpster near the wax cabin office will be available for all trash disposal



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Portable Toilets with Hand Sanitizers

Portable toilets and hand sanitizers will be available on the venue beginning 12/30/21.

Competition Staff Information

Chief of Competition: Bill Pierce

Assistant Chief of Competition: Al Davis

Chief of Timing: Carolyn Doll

Start: Drew Doll

Finish: Ann Page

Chief of Course: Ben Koenig

Chief of Stadium: David Sebesta / Terry Davis

Race Administrator: Josh Korn

FIS TD: Lin Hinderman

FIS Assistant TD: Annie Pokorny

National Rep: Bryan Fish

Athlete Change Form:

- Must be submitted no later than **3:00 pm** the evening before the race
- Form: <https://forms.gle/tvh3GvfPcf6oTQxd6>

Coaches Meetings:

- **All Coaches Meetings will be done Virtually from 5:00 – 6:00 pm the evening prior to each race**
 - January 1st
 - January 3rd
 - January 5th
 - January 6th
- **Microsoft TEAMS Link to join (1 coach per team please): Link will be shared prior to the 1st meeting.**

Bibs:

- **Coaches/Athletes can be picked up at the Competition building on the East side of the building through the sliding window between 6:00 – 7:00 pm the evenings prior to each race.**
- **Race Day Bib Pick up available at the same place from 7:00 – 9:00 am on each race day morning.**



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PROPOSED EVENT SCHEDULE – September 14, 2021

All Times are Best Estimates and Subject to Change.

Use <https://utaholympiclegacy.org/event/2021-l-l-bean-u-s-cross-country-championships-december-31-january-7-2022/> only for this event. No exceptions.

Date	Day	Event	Start Times
Dec. 28	Tuesday	WAX CABIN RESERVATION DEADLINE	17:00 MST
Dec. 28	Tuesday	REGISTRATION DEADLINE. Athlete Change Form/google doc only (will be shared online/to coaches by Dec 30 th . All changes must be submitted no later than 3:00 pm the evening before the race.	17:00 MST
Dec. 31	Friday	<u>WAX CABIN CHECK IN, ATHLETE/COACH/TEAM CHECK IN</u> Location: Wax Cabin Village, Competition Management Building <ul style="list-style-type: none"> Call me, Josh Korn, 801-24-0809 if no one is in the Wax office trailer TRAIL PASS REQUIRED on this day for trail access by all that wish to ski. Available for purchase in the Lodge at Soldier Hollow or on-line at: https://utaholympiclegacy.org/location/soldier-hollow/ 	09:00-16:00
Jan. 1	Saturday	<u>WAX CABIN CHECK IN, ATHLETE/COACH/TEAM CHECK IN</u> Location: Wax Cabin Village, Competition Management Building <ul style="list-style-type: none"> Coaches, current USSA membership required for access to the course during events, and Team Captain Meetings. Please bring your ID to registration. Official Training – Free Sprint Coaches Meeting (via Microsoft TEAMS) – link to come Bib Pick up (east side of Competition building)	09:00-16:00 10:00-15:00 17:00 – 18:00 18:00 – 19:00
Jan. 2	Sunday	<u>FREE SPRINT</u> Bib Pickup – East side Competition Building Sprint Qualification, Men Sprint Qualification, Women Sprint Heats (Senior Men and Women) Senior Men/Women Awards presentation (15 min after Final heats have finished) Junior Heats (Men/Women) Junior Men/Women Awards presentation (15 min after final heats have finished)	07:00 – 09:00 09:00:15 13:00 – 14:50 15:05 15:15 – 16:35 16:50
Jan. 3	Monday	<u>OFFICIAL TRAINING – 7.5k/20k Women & 10k/30k Men Freestyle Mass Start</u> Coaches Meeting (via Microsoft TEAMS) – link to come Bib Pick up (east side of Competition building)	09:00-15:00 17:00 – 18:00 18:00 – 19:00
Jan. 4	Tuesday	<u>Freestyle MASS START</u> Bib Pickup – East side Competition Building Men's 30km freestyle Jr. Men's 10km freestyle Winner's Presentation Post-Race (15 min after race has completed) Women's 20km freestyle Jr. Women's 7.5km freestyle Winner's Presentation Post-Race (15 min after race has completed)	07:00 – 09:00 09:00:30



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Jan. 5	Wednesday	<u>OFFICIAL TRAINING – 10k/15k Free Interval Start</u> Coaches Meeting (via Microsoft TEAMS) – link to come Bib Pick up (east side of Competition building)	09:00-15:00 17:00 – 18:00 18:00 – 19:00
Jan. 6	Thursday	<u>Classic INTERVAL START</u> Bib Pickup – East side Competition Building Women's 10km Classic Winner's Presentation Post-Race (15 min after race has finished) Men's 15km Classic Winner's Presentation Post-Race (15 min after race has finished) Coaches Meeting (via Microsoft TEAMS) – link to come Bib Pick up (east side of Competition building)	07:00 – 9:00 09:00:30 12:00:30 17:00 – 18:00 18:00 – 19:00
Jan. 7	Friday	<u>SUPERTOUR CLASSIC SPRINT</u> Bib Pickup – East side Competition Building Sprint Qualification, Men Sprint Qualification, Women Sprint Heats (Senior Men and Women) Senior Men/Women Awards presentation (15 min after Final heats have finished) Junior Heats (Men/Women) Junior Men/Women Awards presentation (15 min after final heats have finished) ALL WAX CABIN CHECKOUT COMPLETE – NO EXCEPTIONS – THANK YOU!	07:00 – 09:00 09:00:15 13:00 – 14:50 15:05 15:15 – 16:35 16:50 Post race
TEAMS / ATHLETES DEPART – Happy Trails to You!			

