



# SOLDIER HOLLOW SUPER QUALIFIER CROSS-COUNTRY SKI RACES & INTERMOUNTAIN BIATHLON

HOSTED BY

SOLDIER HOLLOW NORDIC CENTER  
MIDWAY, UT  
JANUARY 19-22, 2023

XC EVENTS ARE U.S. SKI & SNOWBOARD SANCTIONED

**ACTIVE U.S. Ski & Snowboard License/Membership  
REQUIRED For ALL ATHLETES and COACHES**



## **ALL CURRENT INFORMATION AND UPDATES – website and email**

[REGISTER NOW - SoHo Super Q](#)

For questions, please contact:

Race Administrator

Josh Korn

(801) 624-0809

[jkorn@uolf.org](mailto:jkorn@uolf.org)

## **XC RACE ADMINISTRATION as of 1/02/2023**

**Chief of Competition** – Bill Pierce

(612) 590-1427

[bpierce@uolf.org](mailto:bpierce@uolf.org)

**Chief of Course** - Ben Koenig

**Volunteer Coordinator** - Sarah Elder

**Medical Coordinator, IHC** – Chris Antinori

**Announcer** - Matthew Heimburger

### **Cross Country Officials**

**Race Administrator** - Josh Korn

Timing Contractor – Summit Systems, Ernie Page

FIS Technical Delegate – Maggie Shane

Assistant Technical Delegate – Art Myshrall

### **Biathlon Officials**

**Race Admin:** Josh Korn & Zach Hall

**Chief of Stadium** – Curtis Lupo

**Chief of Range** – John Farra

**Chief of Start/Finish** – Lucy Glanville

## **REGISTRATION INFORMATION**

**ALL COACHES AND ATHLETES MUST REGISTER VIA SKIREG LINK:**

**[REGISTER NOW](#)**

**NO team spreadsheets will be accepted for registration purposes this year and SkiReg will not allow you to register without a active USSS license**

**Coaches: An active U.S. Ski & Snowboard coach license is required at the time of entry, MUST REGISTER AND HAVE VALID COACHES BIB TO BE IN CONTROLLED AREAS ON VENUE**



**Registration w/o Late Fee closes @ 9:00pm on Monday January 16<sup>th</sup>, 2023**

**Late Registration fees of \$50 per entry per race. Late Registration closes @ 6:00pm on Wednesday January 18<sup>th</sup>, 2023**

**Entries posted for verification:** 9:00am Wednesday, January 18.

- Entry List will be posted on <http://summittiming.com/races>
- The Spreadsheet will have a list of all entries with their name, birth date, gender, class, affiliation, USSS number and USSS points. Coaches, athletes, and parents are responsible for checking this spreadsheet to verify the information.
- Changes/fixes may be submitted by Athlete Change (Google) form only until 6:00 MST, Wednesday January 18<sup>th</sup>. [Link to come!](#)

**Scratches:** Accepted until Noon MST, Thursday, January 19.

- Must be completed by Athlete Change (Google) form – [Link to come!](#)
- Scratches after this date will not be accepted or recorded.

NOTE: We are generating start lists BEFORE the virtual Team Information Meeting. Athletes will wear the same bib for both races. If an athlete is only competing on Friday, the bib will need to be collected after the race.

### **ENTRY FEES**

	<b><u>Per Race</u></b>	<b><u>LATE FEE</u></b>
Individual Athletes U8/10, U12, U14	\$25.00	Add \$50.00 per race per athlete
Individual Athletes U16, U18/20	\$35.00	Add \$50.00 per race per athlete

### **TRAIL PASSES REQUIRED JAN 19<sup>th</sup> AND EARLIER**

All competitors/coaches must purchase a trail pass or display season pass during training days

Passes may be purchased online (preferred) or at the Nordic Center/Lodge Center before skiing. Check in at the Nordic Center is required.

<https://utaholympiclegacy.org/activity/cross-country-day-pass/>

**Glide Wax Call for XC Races:** Noon MST, Tuesday, January 17 and Wednesday, January 18

- See summary of IMD/Event Wax Policy - [IMD Wax Policy](#)

### **FOOD and BEVERAGE**

The One-Shot Café at the Lodge will have hot drinks, lunch offerings and snacks available for purchase.

### **WARMING, TOILETS and PARKING**

- ALL indoor facilities will be closed to athletes. Coaches with bibs are allowed inside the Competition building.
- Outdoor portable toilets are provided for attendee use, east of the CMB by the gravel parking area.
- Parking for Team vehicles in the large, paved lot next to the Ice Castles.
- The rotomill pads directly east of the CMB are reserved for Volunteers, Officials, Medical, Contractors and staff.
- Main parking outside the green gate and walk in.
- NO access through the shop gate.



## **SEEDING and RESULTS**

XC Seeding: Based on USSS points

- Scoring will occur accordingly for NRL and FIS.

Live XC Timing ([www.summittiming.com/races](http://www.summittiming.com/races)) during the races.

## **COURSE AND STADIUM MAPS**

*In progress...*

## **WAX FACILITIES**

- No Wax Cabins
- Testing and wax benches allowed in Cross Country stadium

## **LODGING FOR 2023 EVENTS**

### **Heber Valley Chamber of Commerce**

(435) 654-3666, [www.gohebervalley.com](http://www.gohebervalley.com)

### **Residences at the Utah Olympic Park – Kimball Junction/Park City, UT**

**435.658.9114** or [housing@uolf.org](mailto:housing@uolf.org)

### **Midway Vacation Properties** (home, condo, townhome rentals)

Contact Kyle Wharton - (435) 654-5456

### **The Homestead Resort - Midway, UT**

700 North Homestead Drive, Box 99, Midway, UT 84049

### **Zermatt Resort Utah - Midway, UT**

784 West Resort Drive Midway, UT 84049

### **Best Western Plus – Heber Valley Hotel**

(801) 380-1096 or (435) 657-6500, [sales@bestwesternheber.com](mailto:sales@bestwesternheber.com)



**SCHEDULE OF EVENTS**  
**ALL TIMES ARE MST (MOUNTAIN STANDARD TIME)**  
**SUBJECT TO CHANGE AS OF 01/01/2023**

<b>Mon, Jan 16</b>	9:00 pm	Early Registration closes
<b>Tues, Jan 17</b>	Noon	IMD to declare chosen Glide Wax for Friday Jan 20 <sup>th</sup> event
<b>Wed, Jan 18</b>	6:00 pm	Drop Dead Deadline for late registration - \$50.00 fee per entry Drop Dead Deadline for any entry changes
<b>Thurs, Jan 19</b>	7:00 am – 7:00 pm	7:00 am – Race Office Opens  9:00 am – 4:00 pm - Training / Inspection. Courses marked and open for inspection. (Trail Pass Required)  2:00pm – Start Lists available at <a href="http://www.summittiming.com/races">www.summittiming.com/races</a>  4:30 - 5:30 Bib Pick up – Competition building  6:00 pm Virtual Team Information Meeting – Zoom <ul style="list-style-type: none"> <li>Meeting recorded and link posted on soho website/event calendar.</li> </ul> Link to be provided

<b>Fri, Jan 20</b>	7:00 am	Race Office Opens
	7:30 am	Bib Distribution as needed – SE corner of Comp building
	8:00 am	Racecourse opens (Testing area – XC stadium open prior)
	9:00 am	<b>Detailed Skate Sprint Schedule to come!</b>
	Awards	<b>TBD</b>
<b>Sat, Jan 21</b>	7:00 am	Race Office Open
	7:30 am	Bib Distribution as needed – location TBD
	8:00 am	Racecourse opens (Testing area – XC stadium open prior)
	9:00 am	<b>Detailed Classic Mass Start Schedule to come!</b>
	Awards	<b>TBD</b>
<b>Sun, Jan 22</b>	7:30 am	Race Office Opens
	7:30-8:30 am	Bib Distribution as needed – location TBD
	8:00 am	RaceCourse opens
	9:00-9:30 am	<b>Zero</b>
	9:45 am	<b>Mass Start Race Start</b>
	Awards	<b>TBD</b>