

2023-24 Metric Time Trial Dates

Welcome to the Utah Olympic Oval. The dates below are this season's scheduled Metric Time Trial dates. Racing for all dates is scheduled to start at 9:00am with a warm-up training ice session from 7:40am-8:20am. Only skaters registered for that date's event will be allowed on the ice. The deadline for registration is on the Thursday prior to the event date by 12:30pm. No late entries will be allowed. The registration fee is \$10.00 per distance. **There is also a \$5.00 fee for any changes to the distances selected by the skater after the registration deadline. (ONLY two distances allowed per skater) For more information or if you have any questions, please e mail LeeAnn Lio (lilio@uolf.org) or Derek Parra (dparra@uolf.org).

- *Saturday, September 16th (coaches run-unofficial)*
- *Saturday, September 30th*
- *Saturday, October 7th (coaches run-unofficial)*
- *Saturday, October 21st (ISU sanctioned)*
- *Saturday, November 18th*
- *Saturday, December 2nd*
- *Saturday, December 16th*
- ***Friday, December 29th (registration due by 12:30pm on Wednesday 12/27)***
- *Saturday, January 13th (coaches run-unofficial)(tentative)*
- *Saturday, February 17th*
- *Saturday, March 2nd*

UOO Metric Time Trail Registration Link: [https://bondsports.co/activity/programs/CO_ED-adult-](https://bondsports.co/activity/programs/CO_ED-adult-OTHER/2710/season/2023%2F2024%20Long%20Track%20Speed%20Skating%20Time%20Trials/21544)

[OTHER/2710/season/2023%2F2024%20Long%20Track%20Speed%20Skating%20Time%20Trials/21544](https://bondsports.co/activity/programs/CO_ED-adult-OTHER/2710/season/2023%2F2024%20Long%20Track%20Speed%20Skating%20Time%20Trials/21544)

Additional US Speedskating Long Track event dates here at the Utah Olympic Oval:

- *US Long Track Junior Championships and YOG Qualifier (January 4-6)*
- *US Long Track American Cup Final (March 8-10)*

For more information on these events please visit: www.usspeedskating.org