



University of Utah Invitational XC Race Info  
January 12-13<sup>th</sup>, 2024  
Soldier Hollow Nordic Center

SOLDIER  
HOLLOW  
NORDIC CENTER



- HOST** University of Utah and Soldier Hollow ([www.soldierhollow.com](http://www.soldierhollow.com))
- EVENT PAGE** [UTE INVITE](#)
- REGISTRATION** Registration instructions for non-RMISA skiers and for RMISA teams with additional members beyond the 6 per gender per race:  
<https://my.raceresult.com/271662/>
- RMISA teams (up to 6 per gender) can register via spreadsheet (these were emailed to RMISA coaches directly).
- ALL athletes need to sign a Soldier Hollow waiver which can be found [HERE](#).**
- REGISTRATION DEADLINE**  
Registration must be completed by Friday January 5<sup>th</sup>.
- REGISTRATION FEES**  
RMISA member teams \$450 per gender (2 races, up to 6 members/gender). Non-RMISA teams and member teams beyond 6 members per gender per team: \$55 per race.
- RACE UPDATES** We will set up a WhatsApp group for event updates. Please email [miles.havlick@utah.edu](mailto:miles.havlick@utah.edu) with your name, team, phone number and email if you would like to be added.
- WAX CABINS** [Reserve Wax Cabin](#)
- TRAINING FEES** Day passes at Soldier Hollow can be purchased at the main lodge.
- SCHEDULE OF EVENTS**
- Friday January 5<sup>th</sup>, 2024**  
Registration must be completed by Friday January 5<sup>th</sup>.
- Monday January 8<sup>th</sup>, 2024**  
Entry list confirmation
- Wednesday January 10<sup>th</sup>, 2024**  
Start list published. NOTE: the better of FIS points or USSS points will be used for seeding



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**Thursday January 11<sup>th</sup>, 2024**

Official training from 9am-1pm.

[2.5k Course](#) (3 x 2.5k) - Individual Start Skate

\*Team Captain's Meeting via Zoom at 5pm (meeting will cover both Fri and Sat)

<https://utah.zoom.us/j/96724851109>

Meeting ID: 967 2485 1109

Passcode: 356743

**Friday January 12<sup>th</sup>, 2024**

7.5km Skate Interval Start Races - [2.5k Course](#) (3 x 2.5k)

**10:00am** Men start \*30sec intervals

**11:15am** Women start \*30sec intervals

**Saturday January 13<sup>th</sup>, 2024**

10km Classic Pursuit Start Races - [3.33k Course](#) (3 x 3.33k)

**9:30am** Women start

**10:45am** Men start

NOTE: startlist will be based off of results from Friday, with a wave start for everyone >5min behind.

\*Awards for both days will be at the snowflake (downhill/east side of the wax cabin village) following the conclusion of the men's race protest period on Saturday.

**PARKING**

Please park in the large lot as you enter the venue. Enter the venue by foot under the bridge and into the Wax Cabin compound. If you plan to bring a team wax trailer, see the image below showing where to park. NOTE - there will be NO power for Team trailers, so plan accordingly and bring a generator. If you'd like to reserve a wax cabin click [HERE](#).





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**MEDICAL** Emergency medical care will be provided by a combination of University of Utah Healthcare Systems clinicians and the Soldier Hollow Ski Patrol. Non-emergent conditions or concerns should be communicated to the University of Utah Ski Team Athletic Trainers (Ben Scheu: (802) 280-5989; or Jerry Li: (435) 799-5235).

**WEATHER** [NOAA Weather Forecast](#)

**WAXING** **Waxing policy for the weekend will follow FIS/USSA rules (any non-fluorinated wax for kick or glide may be used)**

**COURSES** We will be utilizing the same 2.5k and 3.3k race courses from US Nationals.  
[2.5k Course](#) - 7.5k Skate Interval start on Friday - 3 x 2.5k  
[3.33k Course](#) - 10k Classic Pursuit start on Saturday - 3 x 3.33k

**ORGANIZING COMMITTEE**

**Chief of Competition** - Bill Pierce  
**Race Administrator** - Josh Korn  
**Chief of Timing** - Tess Miner-Farra  
**Chief of Stadium** - Jerry Richardson  
**Chief of Course** - Ben Koenig  
**Chief of Volunteers** - Barbara Yamada  
**Chief of Grooming** - Tyler Harvey  
**Chief of Medical** - Dr. Brett Toresdahl and Dr. Dan Cushman  
**University of Utah Athletic Trainer** - Ben Scheu  
**Technical Delegate** - Al Pokorny  
**Assistant Technical Delegate** - Tom Bonacci  
**Media/Sports Info** - Ryan Gallant  
**U of Utah Coaches** - Fredrik Landstedt and Miles Havlick