



SOLDIER HOLLOW SUPER QUALIFIER CROSS-COUNTRY SKI RACES & INTERMOUNTAIN BIATHLON

HOSTED BY

SOLDIER HOLLOW NORDIC CENTER
MIDWAY, UT
JANUARY 26-28, 2024

XC EVENTS ARE U.S. SKI & SNOWBOARD SANCTIONED

**ACTIVE U.S. Ski & Snowboard License/Membership
REQUIRED For ALL ATHLETES and COACHES**

**ACTIVE USBA License for Biathlon race
REQUIRED.**



ALL CURRENT INFORMATION AND UPDATES – website and email

[Super Qualifier Event Page](#)

[REGISTER NOW - SoHo Super Q](#)

For questions, please contact:

Race Administrator

Josh Korn

(801) 624-0809

jkorn@uolf.org

XC RACE ADMINISTRATION as of 1/21/2023

Chief of Competition – Bill Pierce

(612) 590-1427

bpierce@uolf.org

Chief of Course – Konrad Thiel

Chief of Stadium – Jerry Richardson

Chief of Timing – Tess Miner-Farra

Chief of Start/Finish – Tom Doherty

Volunteer Coordinator – Aimee Horman

Medical Coordinator, IHC – Robyn Hase

Announcer - Matthew Heimburger

Chief of Grooming – Ben Koenig

Cross Country Officials

Race Administrator - Josh Korn

Timing Contractor – Zone 4 Timing Systems

FIS Technical Delegate – Michael Savoie

Assistant Technical Delegate – Tom Bonacci

Biathlon Officials

Race Administrator – Gerrit Gerberich

ggarberich@uolf.org

Chief of Stadium – John Farra

Chief of Range – Curtis Lupo

REGISTRATION INFORMATION

ALL COACHES AND ATHLETES MUST REGISTER VIA MYRACE RESULT

LINK:

[REGISTER NOW](#)

**NO team spreadsheets will be accepted for registration purposes.
ALL USSS Memberships will be cross checked prior to competing!**



You will NOT be allowed to race without a current USSS Membership.

Coaches: An active U.S. Ski & Snowboard coach license is required at the time of entry, MUST REGISTER AND HAVE VALID COACHES BIB TO BE IN CONTROLLED AREAS ON VENUE

Registration w/o Late Fee closes @ 11:59 on Friday January 19th, 2024.

Late Registration fees of \$25 per entry per race. Late Registration closes @ 5:00pm on Wednesday January 24th, 2024.

Entries posted for verification: 9:00am Wednesday, January 24th.

- Entry List will be posted on: [Zone 4 Timing System](#)
- The Spreadsheet will have a list of all entries with their name, birth date, gender, class, affiliation, USSS number and USSS points. Coaches, athletes, and parents are responsible for checking this spreadsheet to verify the information.
- Changes/fixes may be submitted until 6:00 MST, Wednesday January 24th.

Scratches: Accepted until Noon MST, Thursday, January 25th.

- Direct all changes to Race Administrator – Josh Korn
- Scratches after this date will not be accepted or recorded.

NOTE: We are generating start lists BEFORE the virtual Team Information Meeting. Athletes will wear the same bib for both races. If an athlete is only competing on Friday, the bib will need to be collected after the race.

ENTRY FEES

	<u>Per Race</u>	<u>LATE FEE</u>
Individual Athletes U8/10, U12, U14	\$30.00	Add \$10.00 per race per athlete.
Individual Athletes U16, U18/20	\$45.00	Add \$10.00 per race per athlete.
Open Biathlon Sprint Skate Individual Start	\$15.00	Add \$10.00 per race per athlete.

TRAIL PASSES REQUIRED JAN 25th AND EARLIER

***NOTE: A \$6 training fee for Thursday Jan 25th is automatically added to each athlete's registration upon checkout!**

All competitors/coaches must purchase a trail pass or display season pass during training days.

Passes may be purchased online (preferred) or at the Nordic Center/Lodge Center before skiing. Check in at the Nordic Center is required.

[SoHo Online Day Pass Purchase Link](#)

Glide Wax Call for XC Races: Noon MST, Tuesday, January 23rd and Wednesday, January 24th. If conditions look to be stable, we will try to make the call for both days on Tuesday to help with your pre travel wax prep.

- See summary of IMD/Event Wax Policy - [IMD Wax Policy](#)



FOOD and BEVERAGE

The One-Shot Café at the Lodge will have hot drinks, lunch offerings and snacks available for purchase.

*NOTE: If weather permits, we will have a local food truck near the Start/Finish area providing food for purchase.

WARMING, TOILETS and PARKING

- Due to our Competition Building renovation, there will be no indoor space or restrooms.
- Outdoor portable toilets are provided for attendee use dispersed around the venue.
- Parking for Team vehicles in the large, paved lot next to the Ice Castles. There will be **NO** power available. If you require power, please bring a generator. SEE IMAGE BELOW:



- Main parking outside the green gate and walk in. Due to construction, we are still unclear as to the exact path, but will update you prior to the event.
- **NO** access through the shop gate.

SEEDING and RESULTS

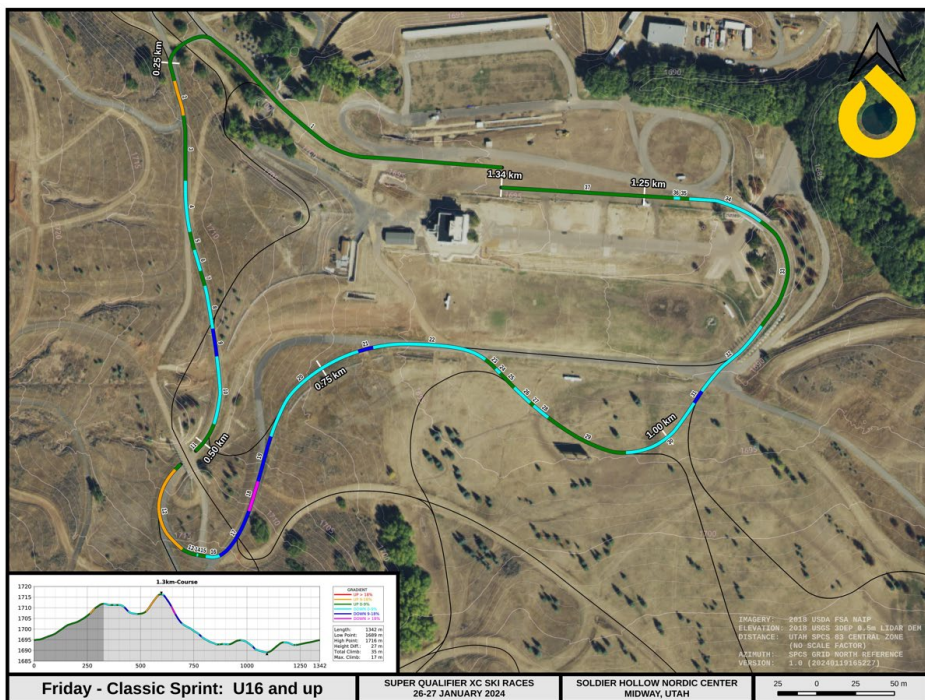
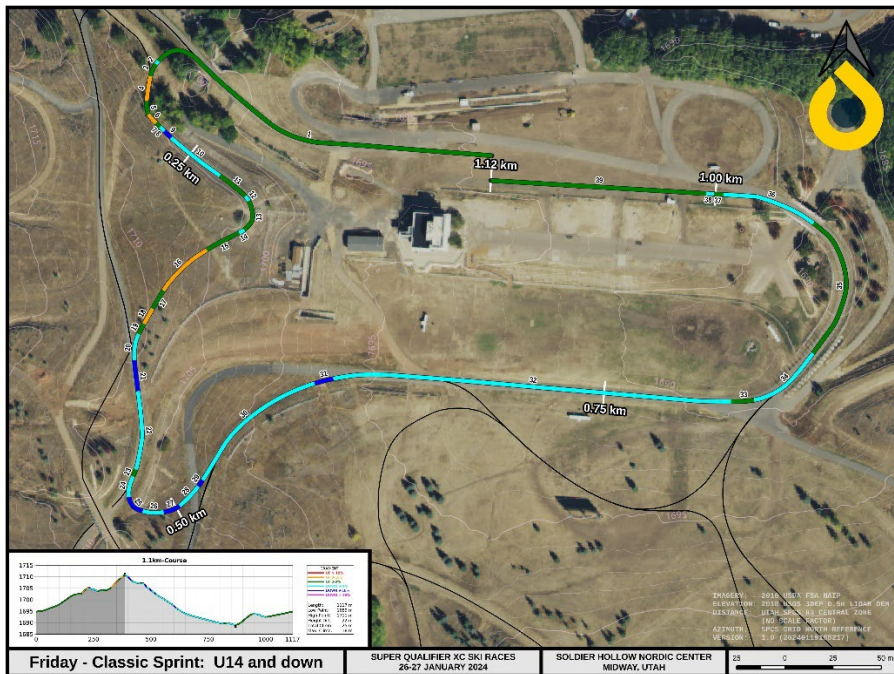
XC Seeding: Based on USSS points.

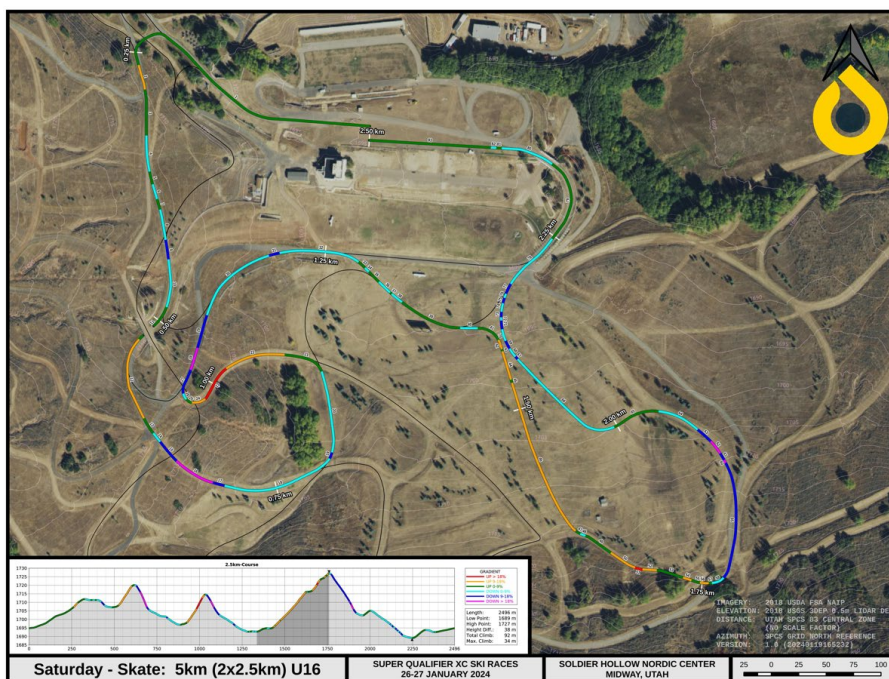
- Scoring will occur accordingly for NRL and FIS.

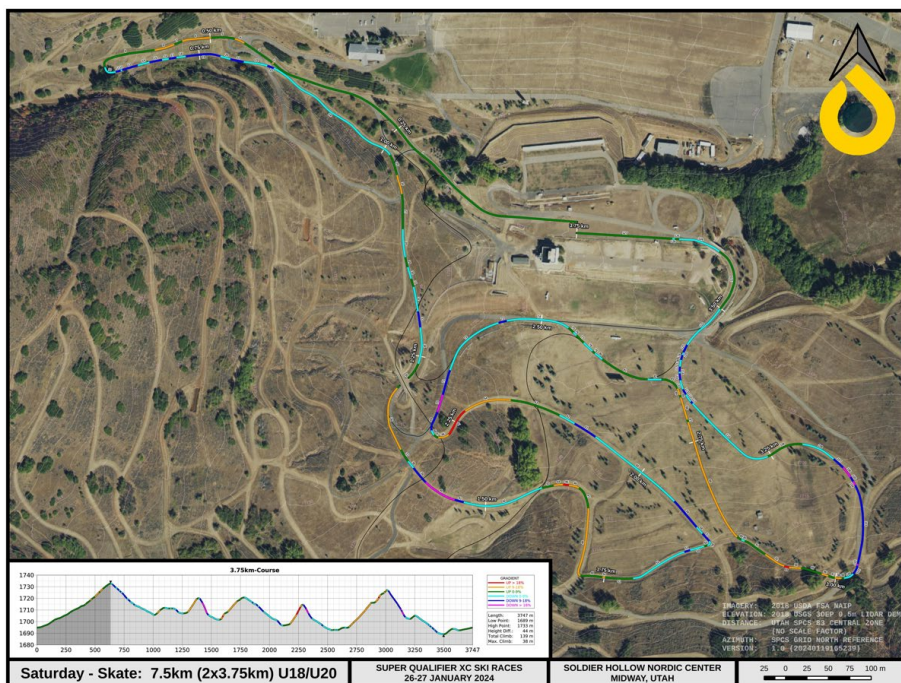
Live XC Timing ([Zone 4 Timing Systems](#)) during the races.



COURSE AND STADIUM MAPS







WAX FACILITIES

- Wax Cabins available for Rental.
 - \$300 plus a \$500 refundable damage deposit. Reserve [HERE](#)
- Testing and wax benches allowed in Cross Country stadium.

(SKI CONTROL)

- We won't be enforcing Ski Control during the Classic Sprint Qualifying on Friday or Skate Distance Race on Saturday, BUT will be enforcing a formal Ski Control area in the Classic Sprint Heats on Friday. We will have a large control area directly behind (to the East) of the Start area. This will be clearly marked, and we will provide a schematic of this area prior to the event for you to review with your teams/clubs.
- Notable items:
 - We won't be marking skis.
 - We would strongly recommend athletes arriving to this control area 10 min prior to their heat, however we won't be enforcing tardiness.
 - We will allow athletes to share skis with other athletes once in the heats.
 - Once an athlete begins the Quarterfinals, their skis MUST stay in the control area except for being on the athletes' feet during the heat. Once the athlete finishes each Quarter/Semi, they must bring their skis back to the control area and either hand to their coach in the control area or a volunteer will place them in a rack. Note, we will keep athletes' skis whether they finish 1st or 6th and all places in between in the event there is a protest that reinstates the athlete back into the competition.
 - All athletes may pick their skis up after the Final is complete.
 - (2) coaches allowed in the Control area per team/club (MUST HAVE COACHES BIB ON, NO EXCEPTIONS)
- Kick Service details
 - Adjustments can be made to the Kick Zone only between heats.



- Electricity will not be provided, and generators are Not ALLOWED.
- Allowed Tools and materials:
 - Tables
 - Profiles
 - Kick waxes, klisters, wax tapes
 - Corks
 - Spatulas
 - Scrapers
 - Heat torch
 - Sandpaper
 - Dry cleaning cloth
- NOT allowed:
 - Liquids
 - Sprays
 - Wet wipes
 - Glide waxes

LODGING FOR 2023/24 EVENTS

Lodging Options

Heber Valley is home to a variety of lodging and dining options for teams, athletes, families, and friends, among them are Homestead and Zermatt Utah in Midway, Utah. Contact information can be found for all options on the local chamber website at www.gohebervalley.com.

Zermatt Utah

784 West Resort Drive, Midway, UT 84049

For individuals, families, or teams under 10, please call Zermatt reservations 435.709.9527 and ask for the 'Soldier Hollow' rate (based on availability). The rate offered for all room types will be 15% off the best price on Zermatt's website.

Group Reservations (10 or more rooms per night)

- Contact: Zermatt Sales
- rfp@zermattresorts.com

Midway Vacation Properties

(home, condo, townhome rentals)

Website: staymvp.com Midway Vacation Properties 840 W Bigler Lane

Midway, UT 84049

(888) 435 4204



info@midwayvp.com

Residences at Utah Olympic Park

Book a stay to take advantage of:

- Park City's best nightly lodging rates
- Modern Hotel Rooms
- Unbeatable proximity to the Utah Olympic Park and surrounding ski resorts
- Guest kitchen and catering space to take care of all your meal needs.
- Complementary meeting/video review space

More information about our facility and accommodations can be found [here](#).

Book your discounted event lodging with us

here: <https://hotels.cloudbeds.com/reservation/ggdeS7#promo=Comp23%2F24>



SCHEDULE OF EVENTS
ALL TIMES ARE MST (MOUNTAIN STANDARD TIME)
SUBJECT TO CHANGE AS OF 1/21/2024

Fri, Jan 19	11:59 pm	Early Registration closes
Tues, Jan 23	Noon	OC to declare chosen Glide Wax for Friday Jan 26 th event.
Wed, Jan 24	Noon	OC to declare chosen Glide Wax for Saturday Jan 27 th event.
Wed, Jan 24	5:00 pm	Drop Dead Deadline for late registration - \$25.00 fee per entry. Drop Dead Deadline for any entry changes
Thurs, Jan 25	7:00 am – 7:00 pm	7:00 am – Race Office Opens – Trailer A1 9:00 am – 4:00 pm - Training / Inspection. Courses marked and open for inspection. (Trail Pass Required) 2:00pm – Start Lists available at https://zone4.ca/ 4:30 - 5:30 Bib Pick up – Bib Trailer B1 6:00 pm Virtual Team Information Meeting – Zoom <ul style="list-style-type: none"> Meeting recorded and link posted on soho website/event calendar. <p><i>Link to be provided</i></p>

Fri, Jan 26	7:00 am	Race Office Opens – Trailer A1
	7:30 am	Bib Distribution as needed – Bib Trailer B1
	8:00 am	Racecourse opens (Testing area – XC stadium open prior)
	9:00 am	Detailed Classic Sprint Schedule to come!
	Awards	TBD
Sat, Jan 27	7:00 am	Race Office Open
	7:30 am	Bib Distribution as needed – Bib Trailer B1
	8:00 am	Racecourse opens (Testing area – XC stadium open prior)
	9:00 am	Detailed Skate Individual Start Schedule to come!
	Awards	TBD
Sun, Jan 28	7:30 am	Race Office Opens – Trailer A1
	7:30-8:30 am	Bib Distribution as needed – Bib Trailer B1
	8:00 am	Racecourse opens
	9:00-9:30 am	Zero
	9:45 am	3k Mass Start Race Start
	10:30	4.5k Mass Start Race Start
	11:15	SoHo Shootout
Awards	To Follow	