



Speed Skating Facility Policies & Procedures

Please read the following information thoroughly. The Utah Olympic Oval is an Olympic Training site and public facility. You are expected to adhere to all policies and procedures at all times. Failure to abide by these rules may result in suspension and or termination of your facility use privileges at the Utah Olympic Oval (UOO).

- The Utah Olympic Oval is a "REST ON THE INNER" facility. For all speed skating sessions, please rest on the inner most lane and no more than two skaters resting side by side at the same time in that lane. When transitioning onto the race lanes for speed efforts, please do so safely by checking for skaters behind you before making your way to the outer most lane - then proceed to build speed, again looking for skating traffic prior to taking the race lanes.
- No start practice permitted at the 500m & 1500m start lines. Start practice is allowed at both the 1000m start and finish lines.
- No sitting on or climbing over the north sheet short track pads or 400m Oval perimeter pads at any time will be tolerated.
- No crossing the Oval ice onto the running track for any purpose, please use the tunnel.
- If a skater stops on any ice surface for any reason the skater must always face in the direction of oncoming traffic.
- Under no circumstances may an athlete undress up on the ice level. Athletes must utilize locker rooms for apparel changing purposes.
- At no time will an athlete be allowed on the ice surface at the same time as the ice resurfacer.
- Acceptable training apparel must be worn at all times. The UOO reserves the right to use discretion for what it deems as unacceptable training attire.

- All skaters are required to check in at Guest Services before accessing the facilities. A valid wristband may be required to be worn and visible at all times.
- No stretching or dry land training on the running track in lanes 1-4 on the front straight, or in lanes 1-2 everywhere else is permitted at any time. Track spikes are not permitted on the running track at any time.
- Stretching mats, spinner bikes, and slide boards must remain in the designated training area.
- Use of Inline skates, skateboards and scooters in the facility is strictly prohibited.
- Bicycles must be walked into and out of the facility. Bicycles may only be ridden inside the facility on a trainer. Please store personal bicycles in designated area during training sessions.
- Athletes/Teams are expected to clean up after themselves; trash left around the facility will not be tolerated. Please do not spit (except onto ice surfaces or waste containers) on the track.
- UOO Staff may restrict individual/team training and other activities as deemed necessary.
- Please be respectful to other users and the general public in the facility at all times. When training during "Public" hours, please be aware of pathway obstruction situations and adjust training accordingly. Should any issue arise, please make Guest Services or Operations aware of the issue so that they may respond appropriately.
- Safety is a priority here at the Utah Olympic Oval and our operations staff inspects the ice surface prior to each skating session but if you notice any potential safety issues prior to, or if during the skating session the ice is damaged to a degree that would cause a safety concerns, please notify an operations employee immediately.
- Profanity, littering, fighting, stealing, facility abuse or any other conduct not becoming of a "World Class" individual or program will not be tolerated.
- Immediate suspension and or expulsion of all facility use and privileges for any athlete participant and or program staff member (coach/administrator) bringing any illegal drug on site.
- Bringing alcoholic beverages on site is prohibited.
- No food or glass containers on or near the ice surfaces
- Animals are not allowed in the facility (service dogs are the only exception).

- The UOO may update these Policies & Procedure as it sees fit for the safety and operational harmony of the facility and its users.

Thank you for your cooperation. We hope you enjoy your time here at the Utah Olympic Oval.