

SEPTEMBER 2025 UTAH OLYMPIC OVAL FREESTYLE and ACADEMY SCHEDULE

Please contact Cassie at cgutierrez@uolf.org or 801-963-7119 for all freestyle and Academy assistance.

Sunday	Monday		Tuesday	Wednesday	Thursday	Friday	Saturday
	1		2	3	4	5	6
	Oval Closed		1:30-2:30P South 2:30-3:30P South 3:30-4:30P South 4:45-5:45P North 5:45-6:15P Academy Spins 6:30-7:00P Academy off ice	1:30-2:30P South 2:30-3:30P South 3:30-4:30P North 4:30-5:30P North 5:45-6:15p Academy Jump/Spins 6:15-6:45P Show practice	12:30-1:30P North 1:30-2:30P North 2:30-3:30P South 4:45-5:45P North 5:45-6:15P Academy Skating Skills 6:30-7:00P Academy off ice	11:30-12:30P North 12:30-1:30P North 1:30-2:30P North 2:30-3:30P South 4:45-5:45P North 5:45-6:45P North	1:00-2:00P North 2:00-3:00P North
7	8		9	10	11	12	13
Oval Closed	2:30-3:30P 3:30-4:30P 4:30-5:30P 5:45-6:15p 6:15-6:45P 6:45-7:45P	South North North Academy MIF Show Practice North	1:30-2:30P South 2:30-3:30P South 3:30-4:30P South 4:45-5:45P North 5:45-6:15P Academy Spins 6:30-7:00P Academy off ice	1:30-2:30P South 2:30-3:30P South 3:30-4:30P North 4:30-5:30P North 5:45-6:15p Academy Jump/Spins 6:15-6:45P Show practice	1:30-2:30P South 2:30-3:30P South 4:45-5:45P North 5:45-6:15P Academy Ice 6:30-7:00P Academy off ice	1:30-2:30P South 2:30-3:30P South 5:45-6:45P North	Speed Skating Short Track Championships
14	15		16	17	18	19	20
Oval Closed	2:30-3:30P 3:30-4:30P 4:30-5:30P 5:45-6:15p 6:15-6:45P 6:45-7:45P	South North North Academy MIF Show Practice North	1:30-2:30P South 2:30-3:30P South 3:30-4:30P South 4:45-5:45P North 5:45-6:15P Academy Spins 6:30-7:00P Academy off ice	2:30-3:30P North 3:30-4:30P North 4:30-5:30P North 5:45-6:15p Academy Jump/Spins 6:15-6:45P Show practice	12:30-1:30P North 1:30-2:30P North 2:30-3:30P South 4:45-5:45P North 5:45-6:15P Academy Ice 6:30-7:00P Academy off ice	11:30-12:30P North 12:30-1:30P North 1:30-2:30P North 2:30-3:30P South 4:45-5:45P North 5:45-6:45P North	1:00-2:00P North 2:00-3:00P North
21	22		23	24	25	26	27
Oval Closed	2:30-3:30P 3:30-4:30P 4:30-5:30P 5:45-6:15p 6:15-6:45P 6:45-7:45P	South North North Academy MIF Show Practice North	1:30-2:30P South 2:30-3:30P South 3:30-4:30P South 4:45-5:45P North 5:45-6:15P Academy Spins 6:30-7:00P Academy off ice	2:30-3:30P South 3:30-4:30P North 4:30-5:30P North 5:45-6:15p Academy Jump/Spins 6:15-6:45P Show practice	12:30-1:30P North 1:30-2:30P North 2:30-3:30P South 4:45-5:45P North 5:45-6:15P Academy Ice 6:30-7:00P Academy off ice	11:30-12:30P North 12:30-1:30P North 1:30-2:30P North 2:30-3:30P South 4:45-5:45P North 5:45-6:45P North	1:00-2:00P North 2:00-3:00P North
28	29		30				
Oval Closed	2:30-3:30P 3:30-4:30P 4:30-5:30P 5:45-6:15p 6:15-6:45P 6:45-7:45P	South North North Academy MIF Show Practice North	1:30-2:30P South 2:30-3:30P South 3:30-4:30P South 4:45-5:45P North 5:45-6:15P Academy Spins 6:30-7:00P Academy off ice				