



SOLDIER HOLLOW 2026 NCAA XC SKIING CHAMPIONSHIPS

HOSTED BY

SOLDIER HOLLOW NORDIC CENTER
MIDWAY, UT
MARCH 11-14, 2026

EVENTS ARE U.S. SKI & SNOWBOARD / FIS SANCTIONED

**ACTIVE U.S. Ski & Snowboard License/Membership
REQUIRED For ALL ATHLETES and COACHES**

ALL CURRENT INFORMATION AND UPDATES – website and email

[NCAA Championships Event Page](#)

[University of Utah Event page](#)

For questions, please contact:

Race Administrator

Josh Korn

(801) 624-0809

jkorn@uolf.org



XC RACE ADMINISTRATION as of 3/3/2026

Chief of Competition – Rion O’Grady
(508) 808-8023
rgrady@uolf.org

Race Administrator – Josh Korn
(801) 624-0809
jkorn@uolf.org

Chief of Grooming – Rion O’Grady
Chief of Course – Andre Crouch
Chief of Stadium – Tim Doherty / Terry Davis
Chief of Finish – Tim Doherty
Chief of Timing – Jesse Farnes
Chief of Start – Tom Doherty
Volunteer Lead – Kenzie Bennion
Medical Coordinator, SOHO – Chuck Jorgenson
Announcer - Matthew Heimburger

Timing Contractor – Muddy Dog Sports
<https://www.muddydogsports.com/>

Cross Country Officials

FIS Technical Delegate – Lin Hinderman

Assistant Technical Delegate – Ben Koenig

Jury

Rion O’Grady
Lin Hinderman
Ben Koenig

Coaches: An active U.S. Ski & Snowboard coach license is required. YOU MUST HAVE A VALID COACHES BIB TO BE IN THE FIELD OF PLAY

Entries posted for verification: Noon on Friday, March 6th.

- Entry List will be posted on: [Muddy Dog Sports](https://www.muddydogsports.com/)
- The Spreadsheet will have a list of all entries with their name, birth date, gender, class, affiliation, USSS number and USSS points. Coaches, athletes, and are responsible for checking this spreadsheet to verify the information.
- Changes/fixes may be submitted until 5:00pm MST, Tuesday, March 10th.



Scratches/Injury Notification Deadline: 5:00pm MST, Wednesday March 11th.

- Direct all changes to Race Administrator – Josh Korn – jkorn@uolf.org
- Scratches after this date will not be accepted or recorded.

TRAIL PASSES REQUIRED MARCH 10TH AND EARLIER

\$24 per day

All competitors must purchase a trail pass or display season pass during Unofficial training days.

All coaches ski for free but need to check in at the café and display a pass.

Trail fee included for Official Training (March 11th / 13th) and Race Days (March 12th / 14th)

Passes may be purchased at the NEW Nordic Center prior to skiing. Check in at the Nordic Center is required.

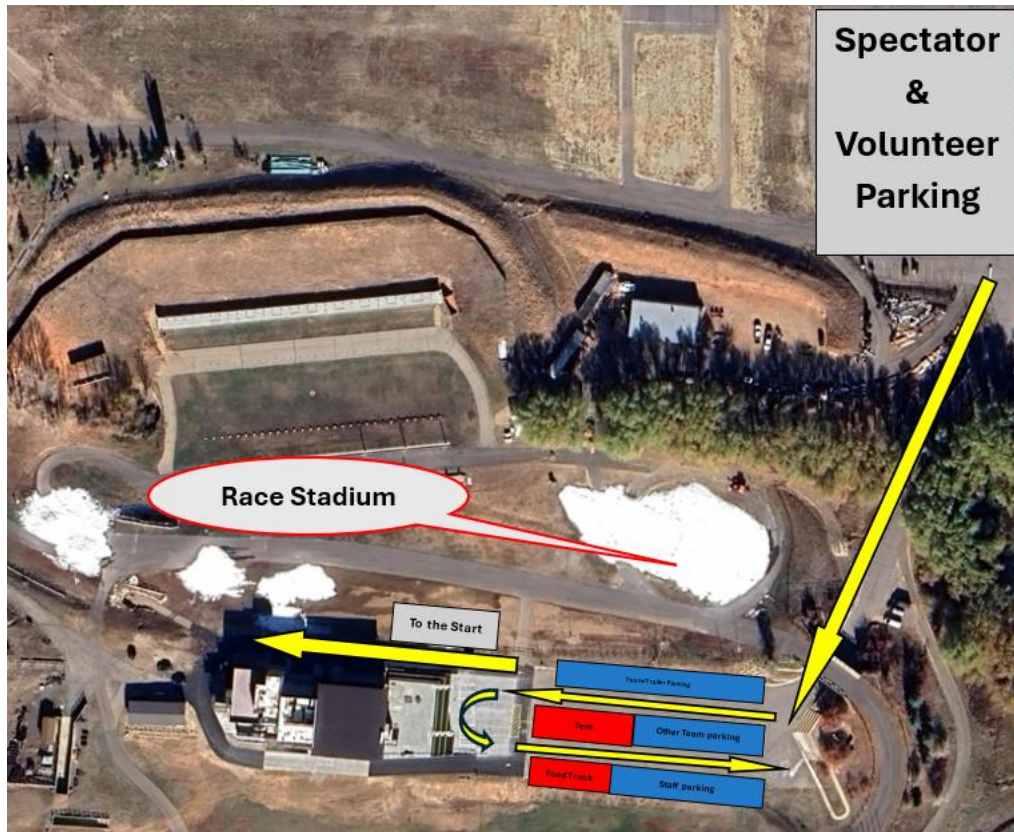
FOOD and BEVERAGE

The Basecamp Café in the NEW Nordic Center lodge will be open during the races. They will have hot drinks, beverages, lunch offerings and snacks available for purchase.

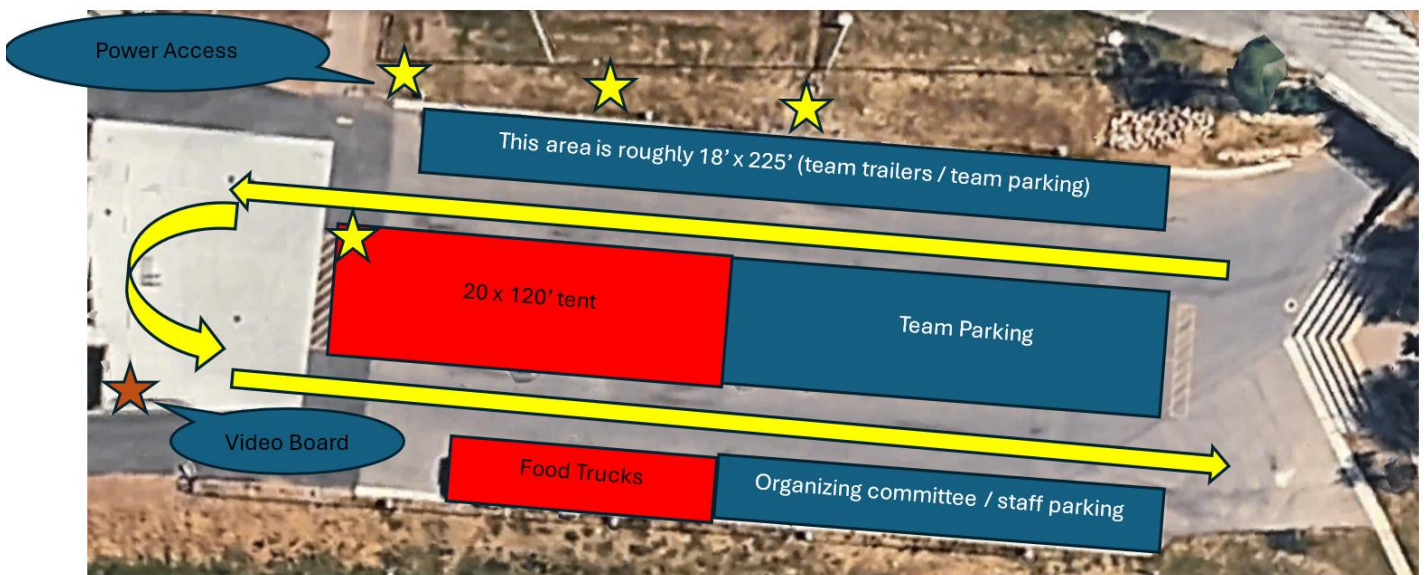
There will also be food trucks on venue on race days (March 12th and 14th).

WARMING, TOILETS and PARKING

- With the NEW Competition Building now complete, we will have the following amenities
 - Café – Main Level
 - Fireplace and sitting area – Main Level
 - Indoor restrooms – all three levels of the building
 - Dedicated Athlete warming area – 2nd level – *NOTE: This will only be available on Friday March 13th and Saturday March 14th (sorry for the inconvenience).*
- This year will be utilizing the Indoor restrooms which are located on all three levels of the new Competition building.
- Parking for Team vehicles will be allowed in marked areas – YOU MUST KEEP ALL DRIVE LANES OPEN TO ALLOW EMERGENCY VEHICLE ACCESS!
- **NO** Dogs on venue on race days – please communicate this to all parents!
- Team Trailers will be allowed to park in Team Parking allocated areas as indicated below and can stay there for the duration of the event.
- SEE IMAGE BELOW:



- Parent/Spectator parking will be allowed in the large lot as you enter the venue and the gravel parking area to the North of the Biathlon Range.
- **NO** access through the shop gate





SEEDING and RESULTS

XC Seeding: Based on the best of FIS or USSS points.

- Scoring will occur according to NRL and FIS.

Live XC Timing ([Muddy Dog Sports](#)) during the races.

Appendix D

Men's and Women's Classical Seeding (Interval start)

MEN'S 7.5K, CLASSICAL SEED BIB# REGION

1ST	1	E
	2	W
	3	E
	5	E
	7	C
	8	E
	9	W
2ND	10	E
	11	W
	12	E
	13	W
	15	W
	16	C
	17	E
	18	W
3RD	19	E
	20	W
	21	E
	23	C
	24	E
	25	W
	26	C
	27	E
	28	W
4TH	W - 5, C - 2, E - 5 (12)	
	(TOP SEED DRAWN RANDOMLY)	

WOMEN'S 7.5K CLASSICAL SEED BIB# REGION

1ST	1	E
	2	W
	3	E
	5	E
	7	C
	8	E
	9	W
2ND	10	E
	11	W
	12	E
	13	W
	15	W
	16	C
	17	E
	18	W
3RD	19	E
	20	W
	21	E
	23	C
	24	E
	25	W
	26	C
	27	E
	28	W
4TH	W - 5, C - 2, E - 5 (12)	
	(TOP SEED DRAWN RANDOMLY)	



Appendix E

Men's and Women's Freestyle Seeding

BIB # REGION		2 ND SEED		3 RD SEED		4 TH SEED	
1 ST SEED							
1	W	13	W	23	W	32	W
2	C	14	E	24	E	33	E
3	E	15	C	25	C	34	C
4	W	16	W	26	W	35	W
5	E	17	E	27	E	36	E
6	C	18	C	28	W	37	W
7	W	19	W	29	E	38	E
8	E	20	E	30	W	39	W
9	W	21	W	31	E	40	E
10	E	22	E				
11	W						
12	E						

BIB # REGION		2 ND SEED		3 RD SEED		4 TH SEED	
1 ST SEED							
1	W	13	W	23	W	32	W
2	C	14	E	24	E	33	E
3	E	15	C	25	C	34	C
4	W	16	W	26	W	35	W
5	E	17	E	27	E	36	E
6	C	18	C	28	W	37	W
7	W	19	W	29	E	38	E
8	E	20	E	30	W	39	W
9	W	21	W	31	E	40	E
10	E	22	E				
11	W						
<u>12</u>	<u>E</u>						

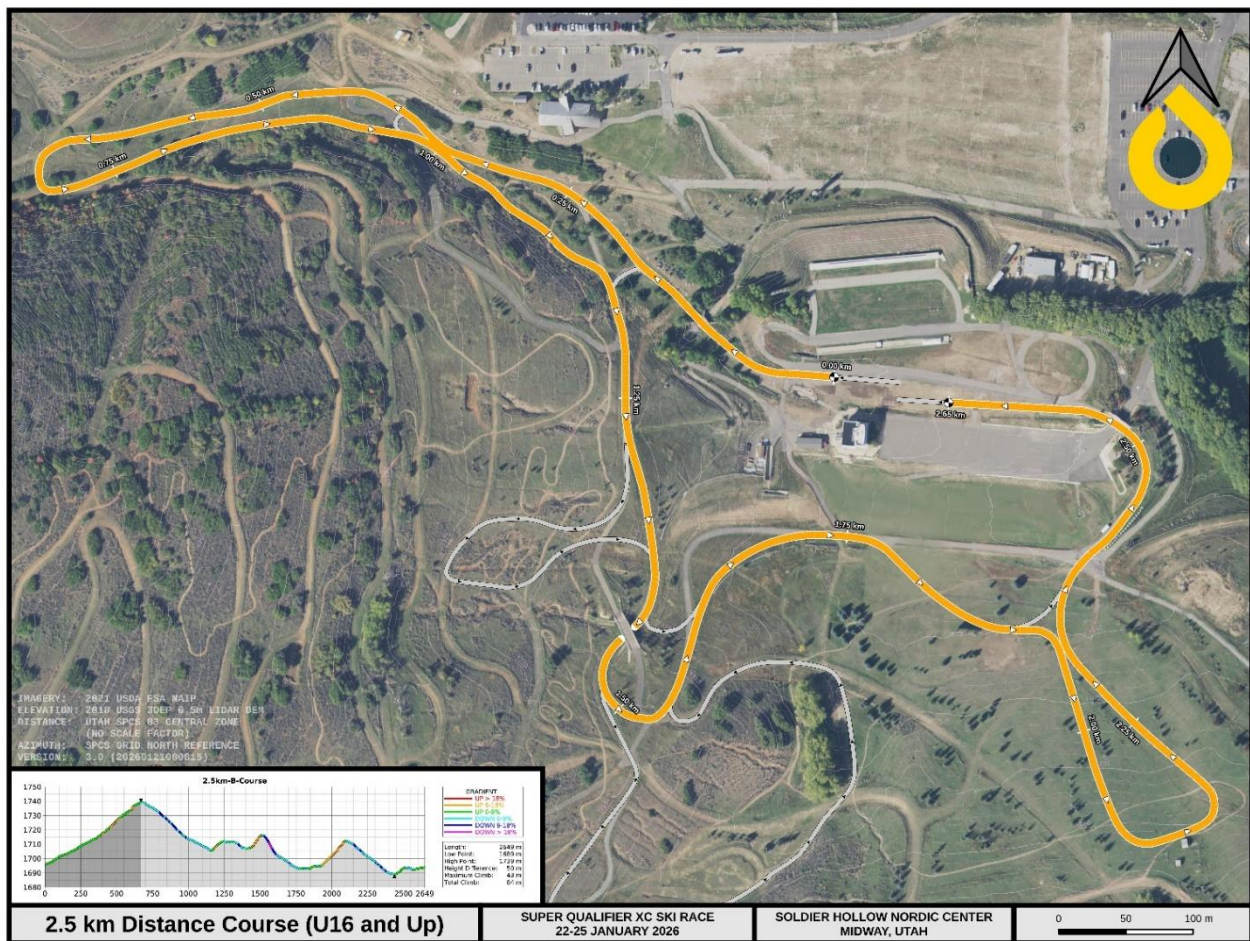


COURSE MAPS

Due to Biathlon races on our schedule at the end of March, we are currently planning to run the courses out of our Biathlon stadium, as we did for the 2026 Super Q and RMISA Regional Championships. Courses subject to Change!

Thursday March 12th - 7.5k Individual Start Classic

(3 x 2.5k)



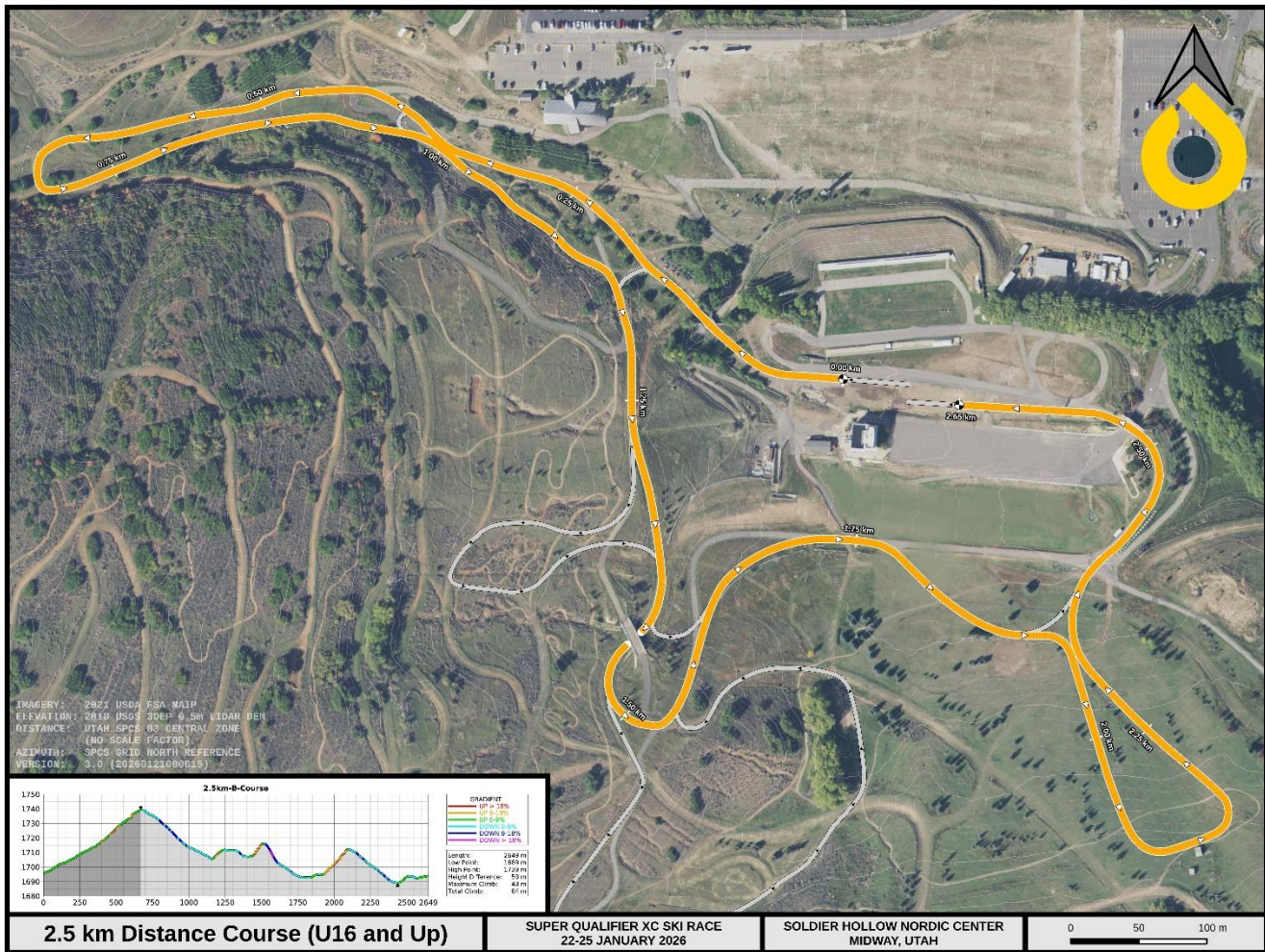


SOLDIER HOLLOW
NORDIC CENTER



Saturday March 14th - 20k Mass Start Skate

(8 x 2.5k)





AWARDS

- Thursday 12:00pm 7.5k individual Awards Ceremony at the Snowflake Plaza.
- Saturday 12:30pm Team and individual Awards Ceremony at the Snowflake Plaza (BBQ to follow).

WAX FACILITIES

- **Dedicated waxing space will be provided in a heated/walled 20'x120' tent for those team's w/o wax trailers.**
- **For those teams with Wax Trailers, there will be dedicated parking spots on the Northside of the Competition parking lot (power will be provided)!**
 - Please keep your power needs to 3 irons per team
 - NO power available for wax trailers, must use Generators to heat these.
 - Teams need to provide their own extension cords!



LODGING FOR 2025/26 EVENTS

Lodging Options

Heber Valley is home to a variety of lodging and dining options for teams, athletes, families, and friends, among them are Homestead and Zermatt Utah in Midway, Utah. Contact information can be found for all options on the local chamber website at www.gohebervalley.com.

Zermatt Utah

784 West Resort Drive, Midway, UT 84049

For individuals, families, or teams under 10, please call Zermatt reservations 435.709.9527 and ask for the 'Soldier Hollow' rate (based on availability). The rate offered for all room types will be 15% off the best price on Zermatt's website.

Group Reservations (10 or more rooms per night)

- Contact: Zermatt Sales
- rfp@zermattresorts.com

Midway Vacation Properties

(home, condo, townhome rentals)

Website: staymvp.com Midway Vacation Properties 840 W Bigler Lane

Midway, UT 84049

(888) 435 4204

info@midwayvp.com

Residences at Utah Olympic Park

Book a stay to take advantage of:

- Park City's best nightly lodging rates
- Modern Hotel Rooms
- Unbeatable proximity to the Utah Olympic Park and surrounding ski resorts
- Guest kitchen and catering space to take care of all your meal needs.
- Complementary meeting/video review space

More information about our facility and accommodation can be found [here](#).



SCHEDULE OF EVENTS
ALL TIMES ARE MST (MOUNTAIN STANDARD TIME)
SUBJECT TO CHANGE AS OF 3/3/2026

Mon, Mar 9	All day	Unofficial Training (ski passes must be purchased) – courses will be marked with signs
Tues, Mar 10	All day	Unofficial Training (ski passes must be purchased) – courses will be marked with signs
Wed, Mar 11	7:00 am – 6:00 pm	Official Training 7:00am – Race Office Opens 8:30am – Café Opens (main level of Nordic Center) 9:00am – 2:00pm – Official Training / Inspection. Courses/Stadium marked and open for inspection. 10:00am – Entry List / Preliminary Start list posted at Muddy Dog Sports 5:00pm Virtual Team Information Meeting – Zoom - <i>Link to be provided</i> 5:00pm Injury Notification Deadline

Thurs, Mar 12	7:00 am	Race Office Opens
	7:00am	Bib Distribution – Race Office
	7:15 am	Course open to coaches
	7:45 am	Course opens to athletes / Athlete Warming Area opens
	8:00 am	Café Opens (main level of Nordic Center)
	8:55 am	Course closed
	9:00 am – 5:00 pm	Classic 7.5k Interval Start 9:00am – Men’s 7.5km Individual Start Classic 10:00am (approximately) – Course re-opens for Women’s warm-up and ski testing 10:25am – Course closed 10:30am – Women’s 7.5km Individual Start Classic 12:00pm (approximately) – Awards Ceremony at the Snowflake Plaza. 5:00pm – Saturdays Start Lists posted – will communicate if this happens earlier!

Fri, Mar 13	7:00 am – 6:00 pm	Official Training 7:00am – Race Office Opens 8:30am – Café Opens (main level of Nordic Center) / Athlete Lounge Opens (top level) 9:00am – 2:00pm – Official Training / Inspection. Courses/Stadium marked and open for inspection. 5:00pm Virtual Team Information Meeting – Zoom - <i>Link to be provided</i>
--------------------	-------------------	--

Sat, Mar 14	7:00 am	Race Office Open
	7:00 am	Bib Distribution – Race Office
	7:15 am	Courses open to coaches
	7:45 am	Courses open to athletes / Athlete Warming Area opens
	8:00 am	Café Opens (main level of Nordic Center)
	8:55 am	Courses closed



	9:00am – 3:00pm	Skate 20k Mass Start 9:00am – Women’s 20km Mass Start Skate 9:55am (approximately) – Course re-opens for Men’s warm-up and ski testing 10:25am – Course Closes 10:30am – Men’s 20km Mass Start Skate 12:30pm (approximately) – Awards Ceremony at the Snowflake Plaza 1:00pm BBQ
		Thanks for coming and Travel home safely!